

8

Human Capital: Education and Health in Economic Development

To end poverty and boost shared prosperity, countries need robust, inclusive economic growth. And to drive growth, they need to build human capital through investments in health, education and social protection for all their citizens.

—Jim Yong Kim, *World Bank President, 2013*

My work on human capital began with an effort to calculate both private and social rates of return to men, women, blacks, and other groups from investments in different levels of education.

—Gary Becker, *Nobel laureate in economics*

The slow improvement in the health status of our people has been a matter of great concern. There is no denying the fact that we have not paid adequate attention to this dimension of development thus far.

—Manmohan Singh, *prime minister of India, 2005*

8.1 The Central Roles of Education and Health

Education and health are basic *objectives of development*; they are important ends in themselves. Health is central to well-being, and education is essential for a satisfying and rewarding life; both are fundamental to the broader notion of expanded human capabilities that lie at the heart of the meaning of development (see Chapter 1). At the same time, education plays a key role in the ability of a developing country to absorb modern technology and to develop the capacity for self-sustaining growth and development. Moreover, health is a prerequisite for increases in productivity, and successful education relies on adequate health as well. Thus, both health and education can also be seen as vital *components of growth and development*—as inputs to the aggregate production function. Their dual role as both inputs and outputs gives health and education their central importance in economic development.

It is hard to overstate how truly dramatic the improvements in world health and education have been. In 1950, some 280 of every 1,000 children in the developing world as a whole died before their fifth birthday. By 2011, that number had fallen to 95 per 1,000 in low-income countries and 46 per 1,000 in middle-income countries (though now compared with 6 per 1,000 in high-income countries and just 4 in many European countries).¹ Some important killers have been completely or nearly eradicated. Smallpox used to kill more

than 5 million people every year; the virus no longer exists outside a few laboratory samples. Major childhood illnesses such as rubella and polio have been largely controlled through the use of vaccines. In addition, recent decades have witnessed a historically unprecedented extension of **literacy** and other basic education to a majority of people in the developing world. The United Nations reports that although there were still a staggering 775 million illiterate people aged 15 or older in the world in 2010, the good news is that 82% of all people are literate today, compared to just 63% as recently as 1970.² But almost two-thirds of the world's illiterate people are women.

Despite such outstanding achievements, developing countries continue to face great challenges as they seek to continue to improve the health and education of their people. The distribution of health and education within countries is as important as income distribution; life expectancy may be quite high for better-off people in developing countries but far lower for the poor. Child mortality rates in developing countries remain more than 10 times higher than those found in the rich countries. These deaths generally result from conditions that are easily treatable, including millions who continue to die needlessly each year from dehydration caused by diarrhea. If child death rates in developing countries fell to those prevailing in the developed countries, the lives of nearly 7 million children would be saved each year. Many children who survive nonetheless suffer chronic problems of malnutrition, debilitating parasitic infections, and other recurrent illnesses. Problems caused by lack of key micronutrients such as iodine, as well as protein, affect up to 2 billion people, but children are particularly vulnerable. Whereas citizens in Europe, North America, or Japan have more than 12 years of schooling on average, the average citizen in sub-Saharan Africa and South Asia spends less than five years in school—before taking account of teacher absenteeism and making no adjustment for the lack of schoolbooks and other resources even when a teacher is present. The “voices of the poor” in Box 8.1 convey some of the impact of deprivation in health and education on people's lives.

In this chapter, we examine the roles of education and health in economic development. These two **human capital** issues are treated together because of their close relationship. There are dual impacts of the effects of health spending on the effectiveness of the educational system and vice versa; and when we speak of investing in a person's health and investing in a person's education, we are after all talking about the same person. We then consider the relationships between income on the one hand and health and education on the other. Despite their close relationship, you will see that higher household income is no guarantee of improved health and education: Human capital must be given direct attention in its own right, even in economies that are growing rapidly. Health and education may be distributed very unequally, just as income and wealth are. But improved health and education help families escape some of the vicious circles of poverty in which they are trapped. Finally, we take a close look at educational and health systems in developing countries, to identify the sources of the severe inequalities and inefficiencies that continue to plague them. The evidence reveals that investments in human capital have to be undertaken with both equity and efficiency for them to have their potential positive effects on incomes.

Literacy The ability to read and write.

Human capital Productive investments embodied in human persons, including skills, abilities, ideals, health, and locations, often resulting from expenditures on education, on-the-job training programs, and medical care.



BOX 8.1 Health and Education: Voices of the Poor

If you don't have money today, your disease will take you to your grave.

—An old woman from Ghana

The children keep playing in the sewage.

—Sacadura Cabral, Brazil

In the hospitals, they don't provide good care to the indigenous people like they ought to; because of their illiteracy they treat them badly. . . . They give us other medicines that are not for the health problem you have.

—A young man from La Calera, Ecuador

The school was OK, but now it is in shambles; there are no teachers for weeks. . . . There is no safety and no hygiene.

—Vila Junqueira, Brazil

If parents do not meet these payments, which are as high as 40 to 50 rupees per month, the teachers were reported to beat the student or submit a failing grade for her/him.

—Pakistan ("Voice of the Poor")

Teachers do not go to school except when it is time to receive salaries.

—Nigeria ("Voice of the Poor")

Before everyone could get health care, but now everyone just prays to God that they don't get sick because everywhere they just ask for money.

—Vares, Bosnia and Herzegovina

Education and Health as Joint Investments for Development

Health and education are closely related in economic development.³ On one hand, greater health capital may improve the return to investments in education, in part because health is an important factor in school attendance and in the formal learning process of a child. A longer life raises the return to investments in education; better health at any point during working life may in effect lower the rate of depreciation of education capital. On the other hand, greater education capital may improve the return to investments in health, because many health programs rely on basic skills often learned at school, including personal hygiene and sanitation, not to mention basic literacy and numeracy; education is also needed for the formation and training of health personnel. Finally, an improvement in productive efficiency from investments in education raises the return on a lifesaving investment in health. Box 8.2 summarizes the linkages between investments in health and education.

The past half-century or so has witnessed unprecedented advances in human capital. Health and education levels improved in both developed and developing countries, but by most measures, they have improved more rapidly in developing countries. As a result, there has been some international convergence in these measures. Only in sub-Saharan Africa, where life expectancies fell due to the AIDS crisis, has some doubt been cast on the trend toward catching up in health. As primary enrollments rise in developing countries, education is catching up, though some observers believe that the quality gap may be larger than ever. Even though the health and education gap between developed and developing countries remains large and further improvements may prove difficult, the progress to date has been unmistakable.⁴



BOX 8.2 Linkages between Investments in Health and Education

- Health and education are investments made in the same individual.
- Greater health capital may raise the return on investment in education for several reasons:
 - Health is an important factor in school attendance.
 - Healthier children are more successful in school and learn more efficiently.
 - Deaths of school-age children also increase the cost of education per worker.
 - Longer life spans raise the return to investments in education.
 - Healthier individuals are more able to productively use education at any point in life.
- Greater education capital may raise the return to investment in health in the following ways:
 - Many health programs rely on skills learned in school (including literacy and numeracy).
 - Schools teach basic personal hygiene and sanitation.
 - Education is needed for the formation and training of health personnel.
 - Education leads to delayed childbearing, which improves health.
- Improvements in productive efficiency from investment in education raise the return on a lifesaving investment in health.

Improving Health and Education: Why Increasing Income Is Not Sufficient

Health and education levels are much higher in high-income countries. There are good reasons to believe that the causality runs in both directions: With higher income, people and governments can afford to spend more on education and health, and with greater health and education, higher productivity and incomes are possible. Because of these relationships, development policy needs to focus on income, health, and education simultaneously. This conclusion is parallel to our conclusion in Chapter 5 that we need a multipronged strategy to address the stubborn problems of absolute poverty.

People will spend more on human capital when income is higher. But the evidence shows clearly that even if we were able to raise incomes without a large improvement in health and education, we could not count on that income increase being used to adequately invest in children's education and health. The market will not solve this problem automatically, and in many cases, household consumption choices themselves may lead to a surprisingly small link between income and nutrition, especially for children.⁵ The income elasticity of the demand for calories (that is, the percentage change in calories consumed for a percentage change in family incomes) among low-income people range from near zero to about 0.5, depending on the region and the statistical strategy used by the researchers.⁶ This less than proportional response is due to two factors: Income is spent on other goods besides food, and part of the increased food expenditures is used to increase food variety without necessarily increasing the consumption of calories. If the relationship between

income and nutrition is indeed quite low, as some studies suggest, then development policies that emphasize increasing incomes of the poor without attention to the way these additional resources are expended within the family may not lead to improved health, and successful development more generally, at least not very quickly.⁷ As discussed further in Chapter 15 and its case study, credit for microenterprises has been one of the most popular poverty alleviation strategies in recent years. In this case, credit may help the poor improve their nutrition, for example, because seasonal price fluctuations are also shown to be an important determinant of calorie consumption along with average income among the very poor, but credit will not be sufficient if nutrition remains inadequate and does not improve automatically with higher income.

Moreover, calories are not the same as nutrition, and the nutrition of earners is not the same as the nutrition of their children. The income elasticity of “convenience” foods is greater than unity.⁸ An increase in income frequently allows families in developing countries to switch consumption from nutritious foods such as beans and rice to nonnutritious “empty calories” such as candy and soda, which may be perceived as modern and symbolic of economic success.⁹ A major problem is that poor health (e.g., diarrheal diseases) can negate the health advantages of better nutrition.¹⁰

There is considerable evidence that the better the education of the mother, the better the health of her children (see Figure 2.5 on page 61 and Box 8.3).¹¹ There are still opportunities for improving health through simple activities in school that have not been utilized.

Health status, once attained, also affects school performance, as has been shown in studies of many developing countries. Better health and nutrition lead to earlier and longer school enrollment, better school attendance, and more effective learning.¹² Thus, to improve enrollments and the effectiveness of schooling, we must improve the health of children in developing countries.



BOX 8.3 FINDINGS Mothers' Health Knowledge Is Crucial for Raising Child Health

Usually, formal education is needed in complementary relationship with ongoing access to current information. Paul Glewwe found in an analysis of data from Morocco that a mother's basic health knowledge had a positive effect on her children's health. Several mechanisms were possible, such as that “formal education directly teaches health knowledge to future mothers; literacy and numeracy skills acquired in school assist future mothers in diagnosing and treating child health problems; and exposure to modern society from formal schooling makes women more receptive to modern medical treatments.” But,

Glewwe concludes, “Mother's health knowledge alone appears to be the crucial skill for raising child health. In Morocco, such knowledge is primarily obtained outside the classroom, although it is obtained using literacy and numeracy skills learned in school... Teaching of health knowledge skills in Moroccan schools could substantially raise child health and nutrition in Morocco.”

Source: Based on Paul Glewwe, “Why does mother's schooling raise child health in developing countries? Evidence from Morocco,” *Journal of Human Resources* 34 (1999): 124–159.

Indeed, advances in statistical methods are showing that the links from health to educational attainment in developing countries are stronger than had been believed (see Box 8.4). These effects are large for both boys and often especially for girls.¹³

Finally, there are other important spillover benefits to investment in one's health or education. An educated person provides benefits to people around him or her, such as reading for them or coming up with innovations that benefit the community.¹⁴ As a result, there are significant market failures in education. Moreover, a healthy person is not only less contagious but also can



BOX 8.4 FINDINGS School Impact of a Low-Cost Health Intervention

A study in the Busia district in Kenya conducted by Edward Miguel of the University of California at Berkeley and Michael Kremer of Harvard University showed that inexpensive “deworming” drugs to eliminate parasitic infections in children are also very cost-effective in increasing school attendance. The order in which schools received the treatments was randomized, enabling identification of the causal effect of treatments by comparing outcomes with the not-yet-treated schools.

Their baseline survey showed 92% of schoolchildren were infected with at least one parasite, and 28% had at least three infections. A moderate to heavy infection was present in 31%. In fact, the prevalence was probably worse because “heavily infected children were more likely to be absent from school on the day of the survey.”

As a result of the deworming, absenteeism decreased by about one-quarter (7 percentage points). Younger children typically had suffered more infection, and they now attended 15 more school days per year on average; older children attended about 10 more days. The program cost per additional year of schooling was about \$3.50, much less than the alternative methods used to increase school participation. Treated children also had lower anemia, somewhat reduced reported illness, and better height-for-age scores.

Children can spread parasitic infections across school districts, notably when they swim in the same lake. This explains the study's finding that curing worm infections also led to substantial benefits for

neighboring school districts that had not yet been dewormed—a classic externality. Reduced infection can also benefit adults, who can work more days.

Although academic test scores did not increase significantly, this may have been due to the larger school class size that resulted from greater participation rates, thereby increasing the student-to-teacher ratio. Evaluated over the course of the student's lifetime, the deworming drugs are not only inexpensive but also yield a very high rate of return, with the implied present discounted value of wage gains of more than \$30 per treated child. The net benefit of the program is greater than the cost of hiring additional teachers to keep this ratio from rising—though this does depend on the political will to do so.

Despite its large benefits, families in impoverished Busia are very sensitive to the price of deworming treatments, suggesting that subsidies will be needed for some time. As one might hope from such clear findings, this study has had a substantial impact on health priorities of developing-country governments and international agencies, and deworming programs are expanding in many countries. This study's clear findings from carefully designed methods provide one of the important impetuses to the recent emphasis on and progress in deworming in schools.

Source: Edward Miguel and Michael Kremer, “Worms: Identifying impact on education and health in the presence of treatment externalities,” *Econometrica* 72 (2004): 159–217. On deworming activities, see the links at <http://www.dewormtheworld.org>.

benefit the community in many ways that a sick person cannot. Because of such spillover effects, the market cannot be counted on to deliver the socially efficient levels of health and education. Thus, as the World Health Organization (WHO) concluded, "Ultimate responsibility for the performance of a country's health system lies with government."¹⁵ Developing-country officials are drawing lessons from the many studies showing the interrelationships among health, education, and incomes and are devising integrated strategies. The case study of Mexico at the end of this chapter provides an important example.

8.2 Investing in Education and Health: The Human Capital Approach

The analysis of investments in health and education is unified in the human capital approach. *Human capital* is the term economists often use for education, health, and other human capacities that can raise productivity when increased. An analogy is made to conventional investments in physical capital: After an initial investment is made, a stream of higher future income can be generated from both expansion of education and improvements in health. As a result, a rate of return can be deduced and compared with returns to other investments. This is done by estimating the present discounted value of the increased income stream made possible by these investments and then comparing it with their direct and indirect costs. Of course, health and education also contribute directly to well-being. For example, education increases empowerment and autonomy in major matters in life, such as capacity for civic engagement, making decisions concerning one's own health care, and freedom to choose one's own spouse over an arranged marriage.¹⁶ But the basic human capital approach focuses on the indirect ability to increase well-being by increasing incomes. In this section, we will generally illustrate points with educational investments, but the same principles apply to health investments.

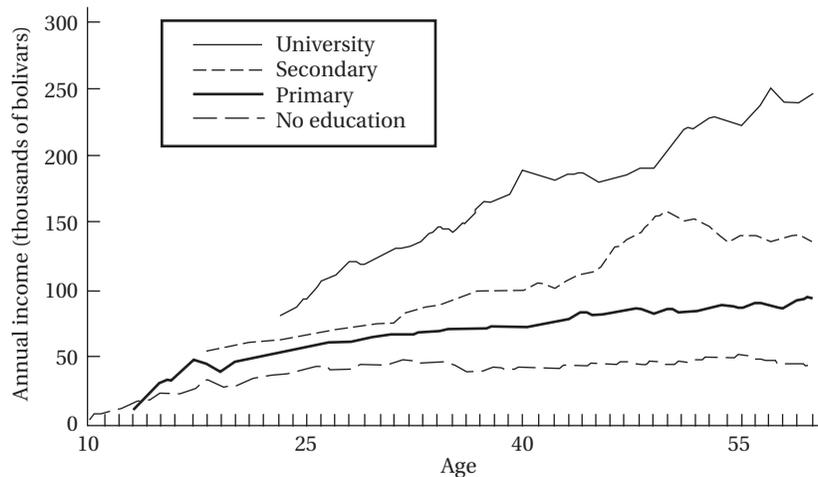
The impact of human capital investments in developing countries can be quite substantial. Figure 8.1 shows the age-earnings profiles by levels of education in Venezuela.¹⁷ The chart shows how incomes vary over the life cycle for people with various levels of education. Note that those with higher levels of education start full-time work at a later age, but as is shown, their incomes quickly outpace those who started working earlier. But such future income gains from education must be compared with the total costs incurred to understand the value of human capital as an investment. Education costs include any direct tuition or other expenditures specifically related to education, such as books and required school uniforms, and indirect costs, primarily income forgone because the student could not work while in school.

Formally, the income gains can be written as follows, where E is income with extra education, N is income without extra education, t is year, i is the **discount rate**, and the summation is over expected years of working life:

$$\sum \frac{E_t - N_t}{(1 + i)^t} \quad (8.1)$$

Discount rate In present-value calculations, the annual rate at which future values are decreased to make them comparable to values in the present.

FIGURE 8.1 Age-Earnings Profiles by Level of Education: Venezuela



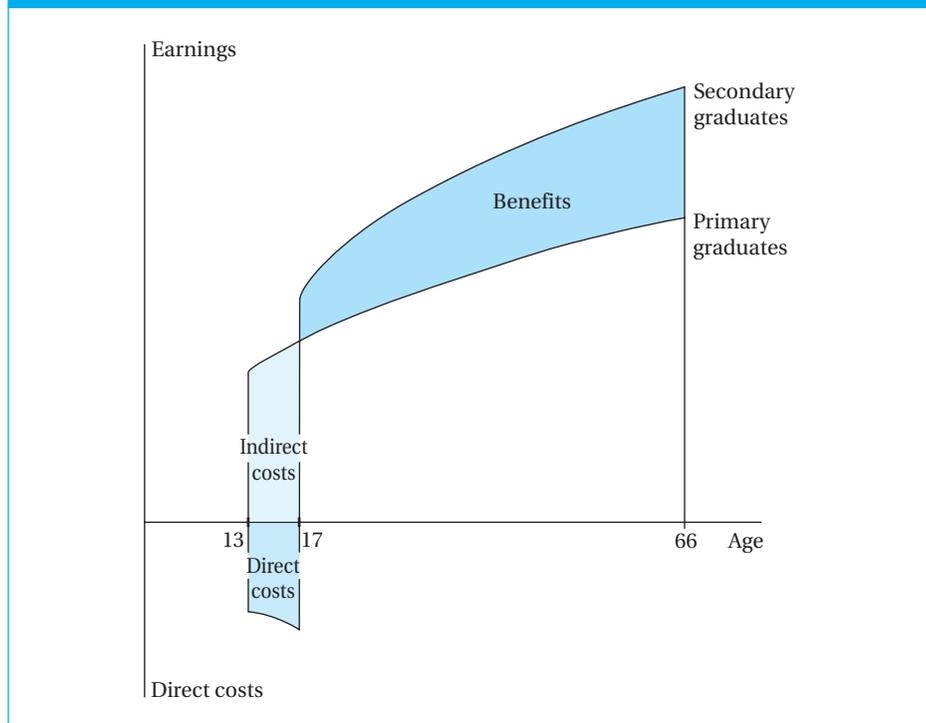
Source: International Bank for Reconstruction and Development/The World Bank: *The Profitability of Investment in Education: Concepts & Methods* by George Psacharopoulos, 1995. Reprinted with permission.

An analogous formula applies to health (such as improved nutritional status), with the direct and indirect cost of resources devoted to health compared with the extra income gained in the future as a result of higher health status.

Figure 8.2 provides a typical schematic representation of the trade-offs involved in the decision to continue in school.¹⁸ It is assumed that the individual works from the time he or she finishes school until he or she is unable to work, retires, or dies. This is taken to be 66 years. Two earnings profiles are presented—for workers with primary school but no secondary education and for those with a full secondary (but no higher) education. Primary graduates are assumed to begin work at age 13, and secondary graduates, at age 17. For an individual in a developing country deciding whether to go on from primary to secondary education, four years of income are forgone. This is the indirect cost, as labeled in the diagram. The child may work part time, a possibility ignored here for simplicity, but if so, only part of the indirect-cost area applies. There is also a direct cost, such as fees, school uniforms, books, and other expenditures that would not have been made if the individual had left school at the end of the primary grades. Over the rest of the person's life, he or she makes more money each year than would have been earned with only a primary education. This differential is labeled "Benefits" in the diagram. Before comparing costs with benefits, note that a dollar today is worth more to an individual than a dollar in the future, so those future income gains must be discounted accordingly, as is done in Equation 8.1. The rate of return will be higher whenever the discount rate is lower, the direct or indirect costs are lower, or the benefits are higher.

This analysis was performed from the individual's point of view in the three right-hand columns of Table 8.1. Notice that in sub-Saharan Africa, the

FIGURE 8.2 Financial Trade-Offs in the Decision to Continue in School



private rate of return to primary education is over 37%! Despite this extraordinary return, many families do not make this investment because they have no ability to borrow even the meager amount of money that a working child can bring into the family—the topic of the next section. Note that the higher rates of return for developing countries reflect that the income differential between those with more and less schooling is greater on average than for the developed countries.

The first three columns of Table 8.1 indicate the social rate of return. This is found by including the amount of public subsidy for the individual's education as part of the direct costs, because this is part of the investment from the social point of view (and also by considering pretax rather than after-tax incomes). Details of the calculations are presented in note 19.¹⁹ It should be noted that these social returns are probably understated because they do not take into account the externality that educated people confer on others (e.g., being able to read for other family members and coworkers), not to mention other individual and social benefits such as increased autonomy and civic participation, being able to communicate more effectively, making more informed choices, and even being taken more seriously in public discussions, as stressed by Amartya Sen. Figure 8.2 can also be used to illustrate the benefit-cost trade-off from the public policy point of view by including fiscal costs and social welfare benefits; that is, adding the social costs of education such as subsidies to the direct costs part of the costs area below the x-axis and

TABLE 8.1 Returns to Investment in Education by Level, Regional Averages (%)

Region	Social			Private		
	Primary	Secondary	Higher	Primary	Secondary	Higher
Asia ^a	16.2	11.1	11.0	20.0	15.8	18.2
MENA ^b	15.6	9.7	9.9	13.8	13.6	18.8
Latin America/Caribbean	17.4	12.9	12.3	26.6	17.0	19.5
OECD	8.5	9.4	8.5	13.4	11.3	11.6
Sub-Saharan Africa	25.4	18.4	11.3	37.6	24.6	27.8
World	18.9	13.1	10.8	26.6	17.0	19.0

^a Non-OECD.^b Europe/Middle East/North Africa, Non-OECDSource: George G. Psacharopoulos and Harry A. Patrinos, "Returns to investment in education: A further update," *Education Economics* 12, No. 2 (August 2004), tab. 1.

Note: How these rates of return were calculated is explained in detail in note 19 at the end of this chapter.

adding in any net spillover benefits to the benefits area (not shown are such benefits as occur before graduation or after retirement).^{19a}

8.3 Child Labor

Child labor is a widespread problem in developing countries. When children under age 15 work, their labor time disrupts their schooling and, in a majority of cases, prevents them from attending school altogether. Compounding this, the health of child workers is significantly worse, even accounting for their poverty status, than that of children who do not work; physical stunting among child laborers is very common. In addition, many laboring children are subject to especially cruel and exploitative working conditions.

The International Labor Organization (ILO), a UN body that has played a leading role on the child labor issue,²⁰ reported in its 2010 quadrennial report on child labor that as of 2008, there was a total of 306 million children between ages 5 and 17 doing some kind of work, but about one-third of this is considered permissible work based on national laws and existing ILO conventions. But 215 million are classified as "child laborers" because they "are either under the minimum age for work or above that age [through age 17] and engaged in work that poses a threat to their health, safety, or morals, or are subject to conditions of forced labor." This number is down about 3% from the 222 million estimated for 2004. There are over 9 million child laborers between the ages of 5 and 11, nearly a third of them doing *hazardous work*. More than half of child laborers, some 115 million children, are still exposed to hazardous work. More than half of all child laborers live in Asia and the Pacific, but sub-Saharan Africa has the highest rate of child labor. Among children doing hazardous work, over 48 million live in Asia and the Pacific, nearly 39 million live in sub-Saharan Africa, and over 9 million live in Latin America. Child labor remains a problem in the Arab states, where the issue has been largely ignored until very recently. And major progress has been made in some countries such as Brazil and some regions such as Kerala in India.

Working conditions are often horrendous; the ILO reports that some of its surveys show that more than half of child laborers toil for nine or more hours

per day. The worst forms of child labor endanger health or well-being, involving hazards, sexual exploitation, trafficking, and debt bondage. In a 2011 publication, the ILO reported that every year, about 22,000 children die as a result of work-related accidents. Clearly, child labor is not an isolated problem but a widespread one, especially in Africa and South Asia.

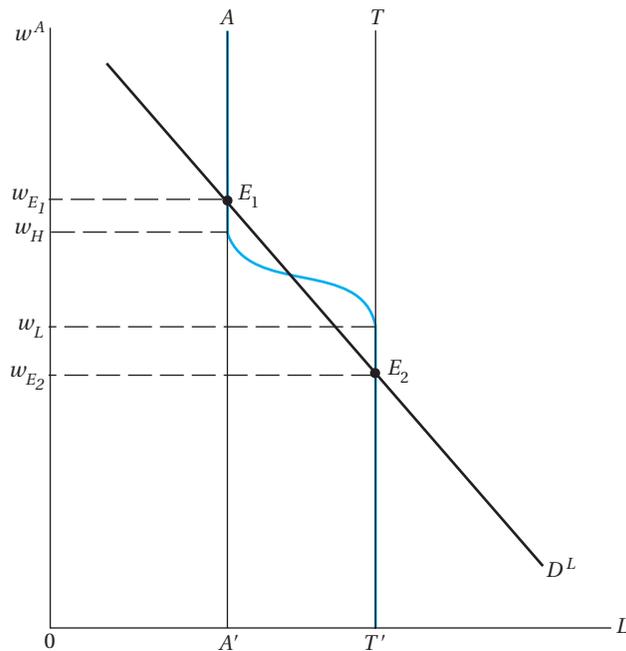
Nevertheless, it is not obvious that an immediate ban on all forms of child labor is always in the best interests of the child. Without work, a child may become severely malnourished; with work, school fees as well as basic nutrition and health care may be available. But there is one set of circumstances under which both the child laborer and the family as a whole may be unambiguously better off with a ban on child labor: multiple equilibria. Kaushik Basu has provided such an analysis, and we shall first consider his simple model, which shows how this problem may arise.²¹

To model child labor, we make two important assumptions: First, a household with a sufficiently high income would not send its children to work. As one might hope, there is strong evidence that this is true, at least most of the time. Second, child and adult labor are substitutes. In fact, children are not as productive as adults, and adults can do any work that children can do. This assertion is not an assumption; it is a finding of many studies of the productivity of child laborers in many countries. It is important to emphasize this, because one rationalization for child labor often heard is that children have special productive abilities, such as small fingers, that make them important for the production of rugs and other products. However, there is no support for this view. In essentially every task that has been studied, including carpet weaving, adult laborers are significantly more productive. As a result, we can consider the supply of adult and child labor together in an economic analysis of the problem.

The child labor model is graphed in Figure 8.3. On the x -axis, we have the supply of labor in adult equivalents. Because we are interested in understanding the impact of the demand for labor, in a graph it is best to consider homogeneous units of labor. So if a child laborer is γ times as productive as an adult worker, we consider one child the productive equivalent of γ adult workers. According to our assumptions, $\gamma < 1$. For example, if a child laborer is half as productive as an adult worker, $\gamma = 0.5$.

We start with the assumption that in the region in question, all (unskilled) adults work, regardless of the wage. This gives us a perfectly inelastic, vertical adult labor supply curve, called AA' in the diagram. Highly inelastic supply is a very reasonable assumption among families so poor that their children must work. While the parents may not have modern-sector jobs, every adult is involved in some type of activity to help the family survive. This adult supply AA' is simply the number of unskilled adults. To understand the total labor supply curve, consider what happens if the wage falls. If the wage falls below w_H , then some families find they are poor enough that they have to send their children to work. At first wages are still high enough so that this affects only a few families and children, reflected in the fact that the S-shaped curve just below w_H is still quite steep. As the wage continued to fall, more families would do the same, and labor supply expands along the S-shaped curve, which becomes flatter as smaller drops in the wage lead many more families to send their children to work. If a wage of w_L were reached, all of the children

FIGURE 8.3 Child Labor as a Bad Equilibrium



Source: From Kaushik Basu, "Child labor: Cause, consequence, and cure, with remarks on international labor standards," *Journal of Economic Literature* 37 (1999): 1101. Reprinted with the permission of the author and the American Economic Association.

would work. At this point, we are on the vertical line labeled TT' , which is the aggregate labor supply of all the adults and all the children together. This sum is the number of adults plus the number of children, multiplied by their lower productivity, $\gamma < 1$. (An S shape in the middle portion is likely, but the analysis holds even if this is a straight line.) The resulting supply curve for children and adults together is very different from the standard ones that we usually consider in basic microeconomics, such as the upward-sloping supply curve seen in Figure 5.5 (in Chapter 5), but it is highly relevant for the developing-country child labor context. To summarize, as long as the wage is above w_H , the supply curve is along AA' ; if the wage is below w_L , the supply curve is along TT' , and in between, it follows the S-shaped curve between the two vertical lines.

Now consider the labor demand curve, D^L ; if demand is inelastic enough to cut the AA' line above w_H and also cut the TT' line below w_L , there will be two stable equilibria, labeled E_1 and E_2 , in the diagram.²² When there are two equilibria, if we start out at the bad equilibrium E_2 , an effective ban on child labor will move the region to the good equilibrium E_1 . Moreover, once the economy has moved to the new equilibrium, the child labor ban will be self-enforcing, because by assumption, the new wage is high enough for no family to have to send its children to work. If poor families coordinate with each other and refuse to send their children to work, each will be better off; but in general, with a large number of families, they will be unable to achieve this.²³

Banning child labor when there is an alternative equilibrium in which all children go to school might seem like an irresistible policy, but note that while all the families of child laborers are better off, employers may now be worse off, because they have to pay a higher wage. Thus, employers may use political pressure to prevent enactment of child labor laws. In this sense, child labor, even its worst forms, could actually be Pareto-optimal—a discovery that should remind us that Pareto optimality is sometimes a very weak condition on which to base development policy! In the same sense, many other problems of underdevelopment, including extreme poverty itself, may at times also be Pareto-optimal, in that solving these problems may make the rich worse off.

While these child labor models are probably reasonable depictions of many developing areas, we do not know enough about conditions in unskilled labor markets to say how significant these types of multiple equilibria and severe credit constraints really are as explanations for child labor. Thus, it would be potentially counterproductive, if even enforceable, to seek an immediate ban on all child labor in all parts of the world today. As a result, an intermediate approach is currently dominant in international policy circles.²⁴

There are four main approaches to child labor policy current in development policy. The first recognizes child labor as an expression of poverty and recommends an emphasis on eliminating poverty rather than directly addressing child labor; this position is generally associated with the World Bank (poverty policy is discussed further in Chapters 5, 9, and 15).

The second approach emphasizes strategies to get more children into school, including expanded school places, such as new village schools, and **conditional cash transfer (CCT)** incentives to induce parents to send their children to school, such as the Progres/Oportunidades Program in Mexico, discussed in this chapter's case study, or the experimental Malawi program discussed in Box 8.5. This strategy has widespread support from many international agencies and development bodies. It is probably a more effective approach than making basic education compulsory, because without complementary policies, the incentives to send children to work would still remain strong and enforcement is likely to be weak, for the same reasons that regulation of the informal sector has proved almost impossible in many other cases. Compulsory schooling is a good idea, but it is not by itself a sufficient solution to the problem of child labor. Improving the quality of basic schooling and increasing accessibility are also very important; the fraction of national income spent on basic education in a majority of low-income countries remains problematic. As the ILO points out,

Conditional cash transfer (CCT) programs Welfare benefits provided conditionally based on family behavior such as children's regular school attendance and health clinic visitations.

In sub-Saharan Africa, about half of all low-income countries spend less than 4 per-cent of their national income on education. In South Asia, Bangladesh devotes only 2.6 per-cent of its national income to education and Pakistan, 2.7 per-cent. India invests a smaller proportion of GNP (around 3.3 per-cent) than the median for sub-Saharan Africa, even though average incomes are around one third higher. Even more worrying is that the share of national income devoted to education is stagnating or decreasing in key countries, including Bangladesh, India and Pakistan, which account for over 15 million out-of-school children.²⁵

The third approach considers child labor inevitable, at least in the short run, and stresses palliative measures such as regulating it to prevent abuse and to provide support services for working children. This approach is most commonly associated with UNICEF, which has prepared a checklist of regulatory and



BOX 8.5 FINDINGS Cash or Condition? Evidence from Malawi

What programs are effective at addressing the nexus of poverty and unmet health and education needs, especially for girls growing up in extreme poverty? As Sarah Baird, Craig McIntosh, and Berk Ozler note, school enrollment and effective learning, and marriage and fertility outcomes are of “central importance to the long-term prospects of school-age girls” living in poverty. What programs would be most cost-effective?

Findings from a randomized control trial study of a cash transfer program targeted to adolescent girls in Malawi offer important insights. Baird, McIntosh, and Ozler compared families who were randomly assigned to one of three groups: no cash transfer, unconditional cash transfers (UCTs), and cash transfers that were made conditional on the girls’ continued school attendance (CCTs). Given this structure, the researchers examined education achievements and marriage and childbearing outcomes. They found both transfer programs led to higher rates of continued enrollment (avoiding dropouts); but CCTs had well over double (about 2.3 times) the impact as UCTs. On the other hand, some earlier studies (primarily in Latin America) had implied little or no effect of UCTs; perhaps the difference reflects conditions prevailing in low-income Africa. The research found that girls in the CCT program outperformed those in the UCT program on English reading comprehension (a “modest but significant” difference).

At the same time, the authors found that the CCTs were far more *cost-effective* in raising enrollment and attendance than the UCTs, even taking into account the extra expenses of running the more administratively complex CCT program. The authors examined different transfers and found that even the smallest

amount studied—\$4 per month to the parents and \$1 per month to the school-age girl—“were sufficient to attain the average schooling impacts observed under the CCT arm.”

On the other hand, the UCT program was found to have a strong impact on “delaying marriage and childbearing—by 44% and 27%, respectively, after 2 years.” And while the CCTs worked better at keeping girls in school and learning effectively, they still “had no effect on reducing the likelihood of teenage pregnancies or marriages.” The authors found this was “entirely due to the impact of UCTs on these outcomes among girls who dropped out of school” but whose families continued to receive the transfer benefits (because, after all, the transfer is unconditional). The authors concluded that the “offer of a CCT appears to have been ineffective in dissuading those with a high propensity to drop out of school from getting married and starting childbearing, especially among girls sixteen or older.” Meanwhile, families living in poverty whose daughters did drop out of school ended up receiving nothing, precluding other poverty-reduction benefits.

These findings reflect the difficulties in identifying a single program design to effectively achieve poverty reduction, health, education, and social progress goals. As the authors conclude, “This study makes clear that while CCT programs may be more effective than UCTs in obtaining the desired behavior change, they can also undermine the social protection dimension of cash transfer programs.”

Source: Based on Sarah Baird, Craig McIntosh, and Berk Ozler, “Cash or condition? Evidence from a cash transfer experiment,” *Quarterly Journal of Economics* 126, No. 4 (2011): 1709–1753.

social approaches that could meet the “best interest of the child.” The regulations included on UNICEF’s checklist include expanding educational opportunities through “time off” for standard or workplace schooling, encouraging stricter law enforcement against illegal child labor trafficking, providing

Educational gender gap

Male-female differences in school access and completion.

support services for parents and for children working on the streets, and working to develop social norms against the economic exploitation of children.

The fourth approach, most often associated with the ILO, favors banning child labor. If this is not possible, however, and recognizing that child labor may not always result from multiple equilibria problems, this approach favors banning child labor *in its most abusive forms*. The latter approach has received much attention in recent years; the ILO's "Worst Forms of Child Labor Convention" was adopted in 1999. The worst forms covered under the convention include "all forms of slavery or practices similar to slavery, such as the sale and trafficking of children, debt bondage and serfdom and forced or compulsory labor"; child prostitution and pornography; other illicit activities, such as drug trafficking; and work that "by its nature or the circumstances...is likely to harm the health, safety or morals of children." The ILO set a working target to completely eliminate the worst forms of child labor by 2016; significant progress has been made, but as of 2011, the ILO reported that progress was not fast enough to meet this goal.

A 2003 study by the ILO estimated that eliminating child labor and extending quality schooling for all children up to age 14 over a 20-year period would result in the baseline case of \$5 trillion of economic gains (in present discounted value), after accounting for opportunity costs. Even when changing the assumptions of the study to be very conservative about the likely income gains, the result is an enormously productive economic investment with a 44% internal rate of return in the baseline case and 23% in a conservative case.²⁶

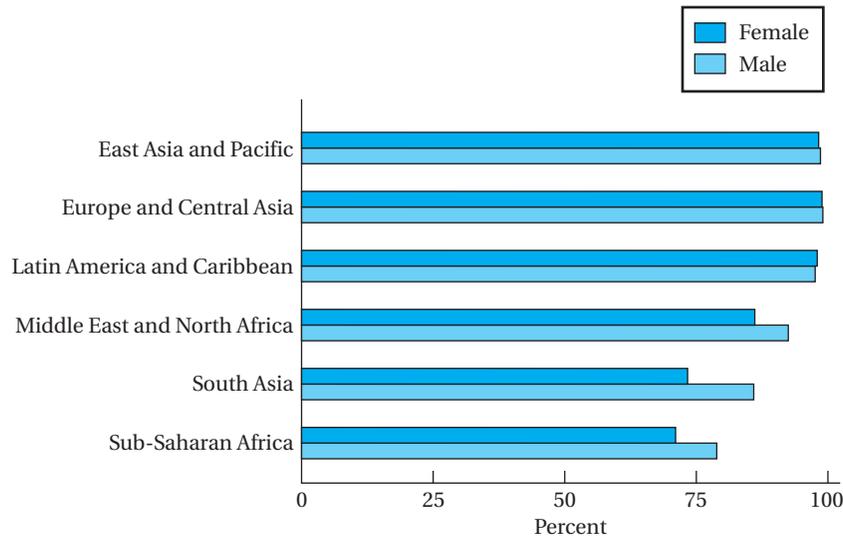
Finally, many activists in developed countries have proposed the imposition of trade sanctions against countries that permit child labor or at least banning the goods on which children work. This approach is well intentioned, but if the objective is the welfare of children, it needs to be considered carefully, because if children cannot work in the export sector, they will almost certainly be forced to work in the informal sector, where wages and other working conditions are generally worse. Export restrictions may also make it more difficult for poor countries to grow their way out of poverty. Of course, the worst forms of child labor can never be tolerated. It seems clear that if efforts at banning imports from developing countries were channeled instead into working to secure more public and private development assistance for nongovernmental organizations that work with child laborers, much more would be accomplished to help these children.

8.4 The Gender Gap: Discrimination in Education and Health

Education and Gender

Young females receive less education than young males in most low-income developing countries. While youth literacy is now much higher than it was as recently as 1990, Figure 8.4 shows that in most regions, girls still lag behind boys. Large majorities of illiterate people and those who have been unable to attend school around the developing world are female. The **educational gender gap** is especially great in the least developed countries in Africa, where female literacy rates can be less than half that of men in countries such as Niger, Mali,

FIGURE 8.4 Youth Literacy Rate, 2008



Source: International Bank for Reconstruction and Development/The World Bank, *World Development Indicators*, 2010. Reprinted with permission.

Guinea, and Benin. The gap is also relatively large in South Asia; in India, the adult female literacy rate is just 47.8%, which is just 65% of the male rate (the female youth literacy rate is 67.7%, 80% of the male youth literacy rate). In Pakistan, the adult female literacy rate is just 36%, only 57% of the male rate (in this case, the female youth literacy rate is 54.7%, some 72% of the male rate). While globally, 123 million youth (aged 15 to 24) lack basic reading and writing skills; 61 per cent of them are young women.²⁷ Recall that the target for Millennium Development Goal 3 (“promote gender equality and empower women”) is to “eliminate gender disparity in primary and secondary education preferably by 2005, and at all levels by 2015.” Although the 2005 date was missed in many countries, progress has been dramatic in many others. In most low-income countries and many middle-income countries, women make up a minority—sometimes a small minority—of college students. But the long-term trend in higher-income countries for a significantly higher and growing share of female than male enrollment in tertiary (university) education has been extending recently to many upper-middle-income countries in the Middle East, Latin America, and elsewhere.

School completion is also subject to gender inequalities, and the gap is often particularly large in rural areas. For example, in rural Pakistan, 42% of males complete their primary education, while only 17% of females do. In the cities, the gender gap is smaller though still substantial, as 64% of males complete primary education versus 50% of females in urban areas.²⁸

Empirical evidence shows that educational discrimination against women hinders economic development in addition to reinforcing social inequality.

Closing the educational gender gap by expanding educational opportunities for women, a key plank of the Millennium Development Goals, is economically desirable for at least three reasons:²⁹

1. The rate of return on women's education is higher than that on men's in most developing countries. [This may partly reflect that, with fewer girls enrolled, the next (marginal) girl to enroll is likely to be more talented on average than the marginal boy.]
2. Increasing women's education not only increases their productivity (and hence also earnings) in the workplace but also results in greater labor force participation, later marriage, lower fertility, and greatly improved child health and nutrition, thus benefiting the next generation as well. The latter is because a mother's education directly increases knowledge that can help child survival, nutrition, education, and indirectly by making possible higher earnings for the family—noting in particular that mothers generally spend a somewhat larger fraction of an additional dollar on their children than do fathers.
3. Because women carry a disproportionate burden of poverty, any significant improvements in their role and status via education can have an important impact on breaking the vicious circles of poverty and inadequate schooling.

Health and Gender

Girls also face discrimination in health care in many developing countries, as discussed in Chapter 6. In South Asia, for example, studies show that families are far more likely to take an ill boy than an ill girl to a health center. Women are often denied reproductive rights, whether legally or illegally. Broadly, health spending on men is often substantially higher than that on women. And in many countries such as Nigeria, health care decisions affecting wives are often made by their husbands.

Female genital mutilation/cutting (FGM/C) is a health and gender tragedy, explained in an influential 2005 UNICEF report, *Changing a Harmful Social Convention: Female Genital Mutilation/Cutting*. FGM/C is most widely practiced in sub-Saharan Africa and the Middle East and is believed to have affected about 130 million women. This practice, which is dangerous and a violation of the most basic rights, does not only result from decisions made by men; many mothers who have undergone FGM/C also require their daughters to do so. If most other families practice FGM/C, it becomes difficult for any one family to refuse to take part, to avoid the perceived resulting "dishonor" to the daughter and her family and lost "marriageability." The general problem fits the model of multiple equilibria associated with social norms or conventions, such as foot binding, an interpretation suggested by Gerry Mackie drawing on work of Nobel laureate Thomas Schelling. This general framework was also applied earlier in the text in the analysis of whether women have high or low fertility (using Figure 4.1 on page 169, applied in a way similar to the discussion in Chapter 6 on pages 299–300). In an encouraging sign of progress, there are a growing number of experiences of "mass abandonment" of the practice of

FGM/C, sometimes started with an organized pledge of families in an intermarrying group that they will no longer follow the practice with their daughters. Thus, such coordination failures can be overcome, often with facilitation of locally based NGOs and similar organizations.³⁰

Consequences of Gender Bias in Health and Education

Studies from around the developing world consistently show that expansion of basic education of girls earns among the very highest rates of return of any investment—much higher, for example, than most public infrastructure projects. One estimate is that the global cost of *failing* to educate girls is about \$92 billion a year.³¹ This is one reason why discrimination against girls in education is not just inequitable but also very costly from the standpoint of achieving development goals.

Education of girls has also been shown to be one of the most cost-effective means of improving local health standards. Studies by the United Nations, the World Bank, and other agencies have concluded that the social benefits alone of increased education of girls is more than sufficient to cover its costs—even before considering the added earning power this education would bring. However, evidence from Pakistan, Bangladesh, and other countries shows that we cannot assume that education of girls will increase automatically with increases in family income.

Inferior education and health care access for girls shows the interlinked nature of economic incentives and the cultural setting. In many parts of Asia, a boy provides future economic benefits, such as support of parents in their old age and possible receipt of a dowry upon marriage, and often continues to work on the farm into adulthood. A girl, in contrast, may require a dowry upon marriage, often at a young age, and will then move to the village of her husband's family, becoming responsible for the welfare of her husband's parents rather than her own. A girl from a poor rural family in South Asia will in many cases perceive no suitable alternatives in life than serving a husband and his family; indeed, a more educated girl may be considered "less marriageable." For the parents, treatment of disease may be expensive and may require several days lost from work to go into town for medical attention. Empirical studies demonstrate what we might guess from these perverse incentives: Often more strenuous efforts are made to save the life of a son than a daughter, and girls generally receive less schooling than boys.

The bias toward boys helps explain the "missing women" mystery. In Asia, the United Nations has found that there are far fewer females as a share of the population than would be predicted by demographic norms (see Chapter 6). Estimating from developed-country gender ratios, Nobel laureate Amartya Sen concludes that worldwide "many more than" 100 million women are "missing."³² Evidence shows that these conditions are continuing to worsen in China and India, implying that tens of millions of young males will be unable to marry, increasing the chances of future social instability. As Sen notes, that dearth of women is not just a matter of poverty per se because in Africa, where poverty is most severe, there are actually about 2% more women than men. Although this number is not as high as in western Europe and North America,

it is still much higher than in Asia, which has higher income on average. A large part of the explanation is poorer treatment of girls. As of 2010, the estimated ratio of males to females in China and India was 1.06 and 1.08, respectively, compared with 0.98 in the United States, United Kingdom, and Canada. The problem may be worsening in several countries, including China, where the Chinese Academy of Sciences estimated in a 2010 report that 119.5 boys were born for every 100 girls in 2009; sex-selective abortion is an important cause.³³ In India, this ratio is also a very high 112. These averages obscure much higher ratios in some regions. The evidence on gender bias in Africa is mixed, with some studies finding a small pro-female bias and others a small and possibly rising pro-male bias.³⁴

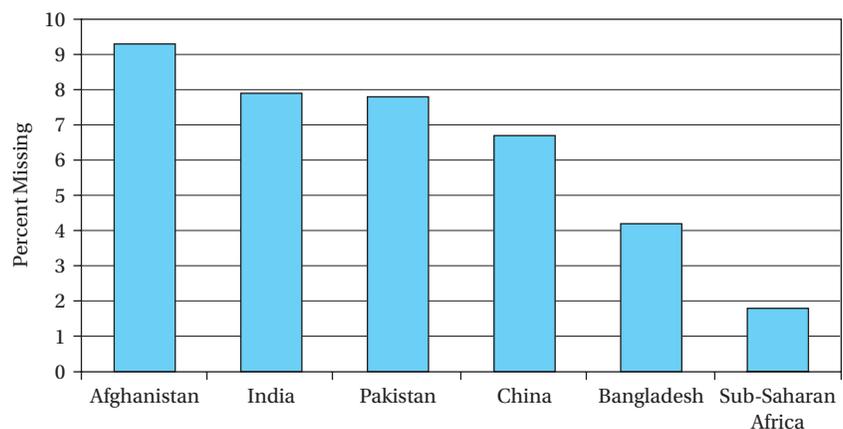
Figure 8.5 shows the estimated percent of females missing in the populations of five Asian countries, along with the overall average for sub-Saharan Africa, drawing from the highly regarded research of Stephan Klasen and Claudia Wink.

Greater mothers' education, however, generally improves prospects for both their sons' and daughters' health and education, but apparently even more so for girls.³⁵

Taken together, the evidence shows that increases in family income do not automatically result in improved health status or educational attainment. If higher income cannot be expected to necessarily lead to higher health and education, as we will show in subsequent sections, there are no guarantees that higher health or education will lead to higher productivities and incomes. Much depends on the context, on whether gains from income growth and also the benefits of public investments in health and education and other infrastructure are shared equitably.

In the remainder of this chapter, we will examine issues of education and health systems in turn. Even though the two topics will be examined separately, it is important to keep their mutually reinforcing roles in mind.

FIGURE 8.5 Estimated Percent of Women "Missing"



Source: Stephan Klasen and Claudia Wink, "Missing Women: Revisiting the Debate," *Feminist Economics* 9, 2-3 (2003): 263-299.

8.5 Educational Systems and Development

Much of the literature and public discussion about education and economic development, in general, and education and employment, in particular, revolves around two fundamental economic processes: (1) the interaction between economically motivated demands and politically responsive supplies in determining how many quality school places are provided, who gets access to these places, and what kind of instruction they receive, and (2) the important distinction between social and private benefits and costs of different levels of education, and the implications of these differentials for educational investment strategy.

The Political Economy of Educational Supply and Demand: The Relationship between Employment Opportunities and Educational Demands

The amount of schooling received by an individual, although affected by many nonmarket factors, can be regarded as largely determined by demand and supply, like any other commodity or service.³⁶ On the demand side, the two principal influences on the amount of schooling desired are (1) a more educated student's prospects of earning considerably more income through future modern-sector employment (the family's **private benefits** of education) and (2) the educational costs, both direct and indirect, that a student or family must bear. The amount of education demanded is thus in reality a **derived demand** for high-wage employment opportunities in the modern sector. This is because access to such jobs is largely determined by an individual's education.

On the supply side, the quantity of school places at the primary, secondary, and university levels is determined largely by political processes, often unrelated to economic criteria. Given mounting political pressure throughout the developing world for greater numbers of school places at higher levels, we can for convenience assume that the public supply of these places is fixed by the level of government educational expenditures. These are in turn influenced by the level of aggregate private demand for education.

Because the amount of education demanded largely determines the supply (within the limits of government financial feasibility), let us look more closely at the economic (employment-oriented) determinants of this derived demand.

The amount of schooling demanded that is sufficient to qualify an individual for modern-sector jobs appears to be related to or determined by the combined influence of four variables: the wage or income differential, the probability of success in finding modern-sector employment, the direct private costs of education, and the indirect or opportunity costs of education.

For example, suppose that we have a situation in a developing country where the following conditions prevail:

1. The modern-traditional or urban-rural wage gap is of the magnitude of, say, 100% for secondary versus primary school graduates.

Private benefits The benefits that accrue directly to an individual economic unit. For example, private benefits of education are those that directly accrue to a student and his or her family.

Derived demand Demand for a good that emerges indirectly from demand for another good.

2. The rate of increase in modern-sector employment opportunities for primary school dropouts is slower than the rate at which such individuals enter the labor force. The same may be true at the secondary level and even the university level in countries such as India, Mexico, Egypt, Pakistan, Ghana, Nigeria, and Kenya.
3. Employers, facing an excess of applicants, tend to select by level of education. They will choose candidates with secondary rather than primary education even though satisfactory job performance may require no more than a primary education.
4. Governments, supported by the political pressure of the educated, tend to bind the going wage to the level of educational attainment of jobholders rather than to the minimum educational qualification required for the job.
5. School fees decline at the university level, as the state bears a larger proportion of the college student's costs.

Under these conditions, which conform closely to the realities of the employment and education situation in many developing nations, we would expect the quantity of higher education demanded for the formal sector to be substantial. This is because the anticipated private benefits of more schooling would be high compared to the alternative of little schooling, while the direct and indirect private educational costs are relatively low. And the demand spirals upward over time. As job opportunities for the uneducated are limited, individuals must safeguard their position by acquiring increasingly more education.

The upshot is the chronic tendency for some developing nations to expand their higher-level educational facilities at a rate that is extremely difficult to justify either socially or financially in terms of optimal resource allocations. Supply and amount demanded are equated not by a price-adjusting market mechanism but rather institutionally, largely by the state. The **social benefits of education** (the payoff to society as a whole) for all levels of schooling fall short of the private benefits (see Table 8.1).

Governments and formal-sector private employers in many developing countries tend to reinforce this trend by **educational certification**—continuously upgraded formal educational entry requirements for jobs previously filled by less educated workers. Excess educational qualification becomes formalized and may resist downward adjustment. Moreover, to the extent that trade unions succeed in binding going wages to the educational attainments of jobholders, the going wage for each job will tend to rise (even though worker productivity in that job does not significantly increase). Existing distortions in wage differentials will be magnified, thus stimulating the amount of education demanded even further. Egypt presents a classic case of this phenomenon with its government-guaranteed and budget-busting employment in the public sector and its massive civil service overstaffing of overcredentialed school graduates.³⁷

Note that this political economy process pulls scarce public resources away from the limited and often low-quality **basic education** available for the many and toward more advanced education for the few. This is both inequitable and economically inefficient.

Social benefits of education

Benefits of the schooling of individuals, including those that accrue to others or even to the entire society, such as the benefits of a more literate workforce and citizenry.

Educational certification

The phenomenon by which particular jobs require specified levels of education.

Basic education The attainment of literacy, arithmetic competence, and elementary vocational skills.

Social versus Private Benefits and Costs

Typically in developing countries, the **social costs of education** (the opportunity cost to society as a whole resulting from the need to finance costly educational expansion at higher levels when these limited funds might be more productively used in other sectors of the economy) increase rapidly as students climb the educational ladder. The **private costs** of education (those borne by students themselves) increase more slowly or may even decline.

This widening gap between social and private costs provides an even greater stimulus to the demand for higher education than it does for education at lower levels. But educational opportunities can be accommodated to these distorted demands only at full social cost.

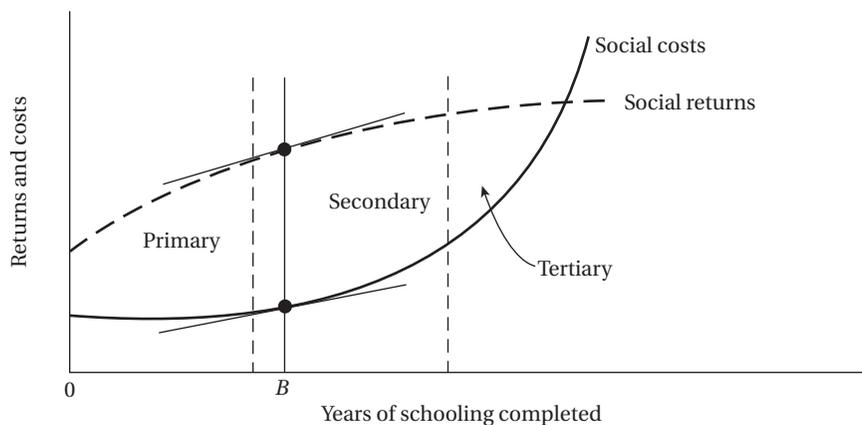
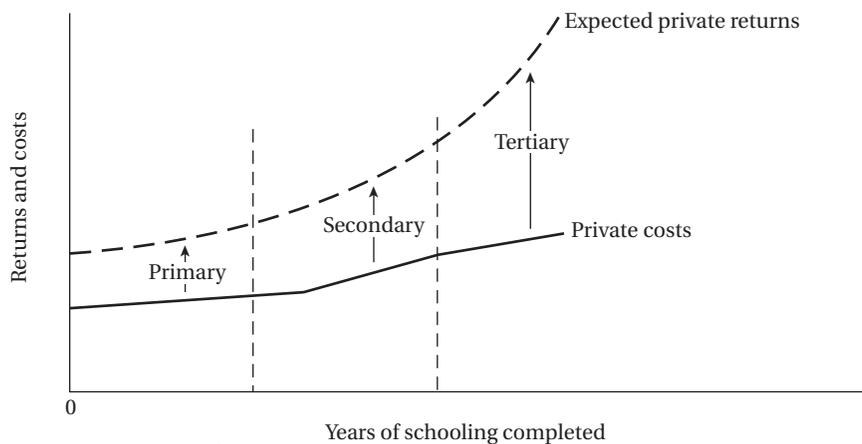
Figure 8.6 provides an illustration of this divergence between private and social benefits and costs. It also demonstrates how this divergence can lead

Social costs of education

Costs borne by both the individual and society from private education decisions, including government education subsidies.

Private costs The costs that accrue to an individual economic unit.

FIGURE 8.6 Private versus Social Benefits and Costs of Education: An Illustration



to a misallocation of resources when private interests supersede social investment criteria. In Figure 8.6a, expected private returns and actual private costs are plotted against years of completed schooling. As a student completes more and more years of schooling, expected private returns grow at a much faster rate than private costs, for reasons explained earlier. To maximize the difference between expected benefits and costs (and thereby the private rate of return to investment in education), the optimal strategy for a student would be to secure as much schooling as possible.

Now consider Figure 8.6b, where social returns and social costs are plotted against years of schooling. The social benefits curve rises sharply at first, reflecting the improved levels of productivity of, say, small farmers and the self-employed that result from receipt of a basic education and the attainment of literacy, arithmetic skills, and elementary vocational skills. Thereafter, the marginal social benefit of additional years of schooling rises more slowly, and the social returns curve begins to level off. By contrast, the social cost curve shows a slow rate of growth for early years of schooling (basic education) and then a much more rapid growth for higher levels of education. This rapid increase in the marginal social costs of postprimary education is the result both of the much more expensive capital and recurrent costs of higher education (buildings and equipment) and the fact that much postprimary education in developing countries is heavily subsidized.³⁸

It follows from Figure 8.6b that the optimal strategy from a social viewpoint, the one that maximizes the net social rate of return to educational investment, would be one that focuses on providing all students with at least B years of schooling. Beyond B years, *marginal* social costs exceed *marginal* social benefits, so additional public educational investment in new, higher-level school places will yield a *negative* net social rate of return. The value of B , such as nine years of school, would vary according to economic conditions and would be controversial both because of difficulties in calculating earnings gains and debate over which types of social benefits should be considered.

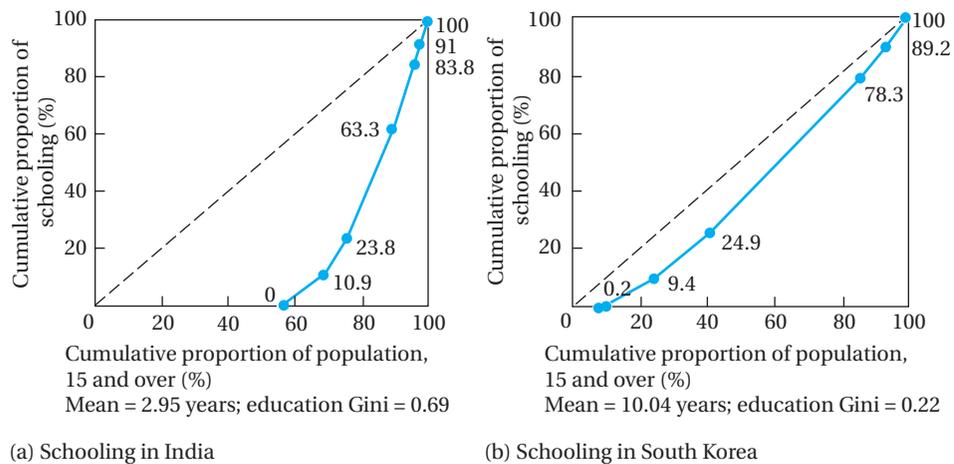
Figure 8.6 also illustrates the inherent conflict between optimal private and social investment strategies—a conflict that will continue to exist as long as private and social valuations of investment in education continue to diverge as students climb the educational ladder, with the highest subsidies at the highest levels of education, commonly availed of by elites. This is one of the reasons why we must also consider the structure and pattern of that economic growth and its distribution implications—who benefits.

Distribution of Education

The forgoing analysis of forces operating for overeducation in developing countries should not lead us to despair over the possibility of fostering development through greater education. Countries that have developed successfully have generally ensured that educational benefits are more broadly available in the economy—to the poor as well as the rich, in the rural areas as well as the urban. And so we turn to examining the distribution of educational benefits in developing countries.

Just as we can derive Lorenz curves for distribution of income (see Chapter 5), we can also develop Lorenz curves for the distribution of education. Figure 8.7

FIGURE 8.7 Lorenz Curves for Education in India and South Korea



Source: From *The Quality of Growth*. Copyright © 2000 by World Bank. Reprinted with permission.

shows Lorenz curves for education in India and South Korea, using comparable data from 1990. By analogy with income Lorenz curves, we write the cumulative proportion of the population on the x -axis and the cumulative proportion of years of schooling on the y -axis. Along the 45-degree line of perfect equality, everyone in the economy would have the same number of years of schooling; for example, everyone would have finished a basic eight years of school, but no one would have started secondary education. In a highly unequal economy, many people might have no years of schooling at all, while a few might have received a Ph.D. from foreign universities. The closer the Lorenz curve is to the 45-degree line, the more equal the distribution of education.

As can be seen from Figure 8.7, South Korea had a much more equal distribution of education than India. For example, in the sample year 1990, well over half of the population of India had received no schooling at all. In South Korea, less than 10% had received no schooling. Yet both countries were producing significant numbers of Ph.D. diplomates. One may also derive an education Gini coefficient, again by analogy with the derivation of the Gini coefficient for income inequality examined in Chapter 5; it is given by the area A above the education Lorenz curve, divided by the whole area $A + B$ below the 45-degree line of perfect equality. As you might guess from looking at the graph, India had a much higher educational inequality as measured by the education Gini (in fact, the Gini was 0.69) than South Korea did (0.22). Educational inequality (in relation to number of years of schooling) tends to fall as average years of education in the population rises. Nonetheless, for a given average years of schooling, some countries such as Sri Lanka have managed relatively equal access to education, and others such as India have managed relatively unequal access.³⁹

There is also great inequality in school quality. Some secondary school systems, for example, do a much more effective job of teaching than others.

Certainly, educational quality is higher in high- than in low-income countries—higher in Europe than in Africa, for example. However, it is also likely that the variability of educational quality is higher in a country such as Mali, where elite schools offer excellent college preparation while many rural public schools may have only one textbook for each five or six students. Although quality differs from school to school in developed countries as well, the differences are not as extreme, on average, as they are in developing countries. The quality of education (the quality of teaching, facilities, and curricula) matters at least as much as its quantity (years of schooling) for differential earnings and productivity.⁴⁰ In South Asia, for example, many children complete several years in primary school without ever learning to read. Students from lower-income households are far more likely to find classrooms that lack basic facilities and supplies, and truant teachers.

But much can be done to improve the chances that children living in poverty will at least receive a decent primary education, as the findings reported in Box 8.6 reveals.

Depending on how it is designed and financed, a nation's educational system can either improve or worsen income inequality. As levels of earned income are clearly dependent on years of completed schooling, it follows that large income inequalities will be reinforced and income mobility reduced if students from the middle- and upper-income brackets are represented disproportionately in secondary and university enrollments. Despite the recent rapid proliferation of private schools for nonelites in South Asia and other developing regions, their quality is generally not high, and their teacher qualifications are often lower than those in the public schools. In many cases, parents do not appear to be getting what they think they are paying for. The cost of quality education therefore becomes prohibitive to lower-income families, who are often unable to borrow funds to finance their children's middle and secondary school education. Child labor can be understood as a substitute for a loan as a way to bring money to the family now at later cost—a very high cost in the case of child labor. This, in effect, amounts to a system of educational advancement and selection based not on merit but on family wealth. It thus perpetuates concentration of income within certain population groups.⁴¹

The inegalitarian nature of many developing-country educational systems is compounded even further at the university level, where the government may pay the full cost of tuition and fees and even provide university students with income grants in the form of stipends. Because most university students already come from the upper-income brackets (and were so selected at the secondary level), highly subsidized university education using public funds often amounts to a transfer payment from the poor to the wealthy in the name of “free” higher education!⁴²

8.6 Health Measurement and Disease Burden

World Health Organization (WHO) The key UN agency concerned with global health matters.

The **World Health Organization (WHO)**, the key UN agency concerned with global health matters, defines health as “a state of complete physical, mental, and social well-being and not merely the absence of disease and infirmity.”⁴³ This approach may put us on a better conceptual foundation but does not in



BOX 8.6 FINDINGS Impacts of Tutor and Computer-Assisted Learning Programs

Pratham is a large India-based nongovernmental organization (NGO); its name means “primary” or “beginning.” Its motto is “To ensure that every child is in school...and learning well.” This is of critical importance because “a large fraction of Indian children cannot read when they leave school.” Randomized evaluations in urban schools found two of Pratham’s programs to be highly cost-effective: tutoring poor children from slums and providing computer learning programs for children to set their own pace to catch up in math. Like many areas in India, in Vadodara, where the program was studied, children are usually on the school’s books but often attend sporadically.

Targeted Tutoring

Enrolled children in grades (standards) three and four identified as at risk—lagging behind in first-grade literacy and numeracy—are tutored about two hours a day by young women. These *balsakhis*, meaning “children’s friends,” have managed to finish secondary school but typically live in the same slums as the children they tutor. *Balsakhis* provide patient attention to children who may find the school environment threatening. The presence of the program increased average test scores of all children in treatment schools by a substantial amount, normalized to 0.28 standard deviations (SDs) after two years. Children with low starting test grades—usually the ones taking part in the program—accounted for most of these gains. The cost is only about \$5 per child per year. Results suggest that the program is 12 to 16 times more cost-effective than hiring new teachers. There could be spillover benefits from tutored to untutored children or from the program’s presence, but evidence indicates that most gains were from children who worked with a *balsakhi*. Their

scores gained an average of 0.6 SDs in their second year in the program—more than half the gain from a year of school for a comparison child. *Balsakhi* salaries are the program’s main cost, about 500 to 750 rupees per month, around \$14 based on 2010 exchange rates—a good income for them, though far less than regular teachers make. Thus, the program costs about 107 rupees (about \$2.25) per student per year.

Computer-Assisted Learning (CAL)

Pratham set up computers for fourth-grade (standard) children to review math skills—similar to learning programs seen in the United States, Canada, and Britain—for randomly selected participants. Math scores increased by 0.36 SDs the first year and by 0.54 SDs the second year. But some of the gains faded over time. The CAL program costs approximately 722 rupees (about \$16) per student per year, including costs for computers.

Thus, both programs are relatively inexpensive and work well. But the *balsakhi* program is five to seven times more cost-effective than the CAL program (evaluated as costs incurred for a given gain in test scores). In fact, total benefits may be greater; for example, greater student learning may lead to higher earnings later in life. The *balsakhi* program has already included tens of thousands of children in India, and the CAL program should not be hard to replicate. Clearly, such programs can be expanded to a large scale. But more research is needed on conditions for helping students better retain what they learn.

Source: Based on Abhijit V. Banerjee, Shawn Cole, Esther Duflo, and Leigh Linden, “Remedying education: Evidence from two randomized experiments in India,” *Quarterly Journal of Economics* 122 (2007): 1235–1264.

itself provide a better measure. An alternative measure of health promoted by the WHO is the *disability-adjusted life year* (DALY). There are doubts about the quality of data used in these measures, especially for some of the poorest countries, and the use of DALYs to compare health across countries is controversial. Premature deaths represented about two-thirds of lost DALYs, and

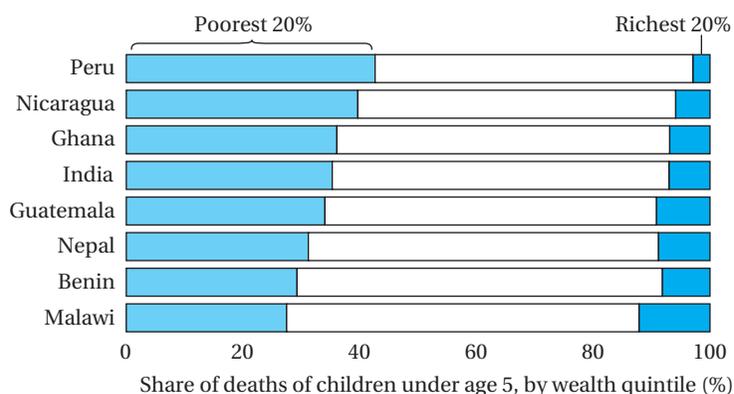
disabilities accounted for the remaining third. Using a DALY measure, a World Bank study calculated that about one-quarter of the global burden of disease was represented by diarrhea, childhood diseases including measles, respiratory infections, parasitic worm infections, and malaria—all major health problems in developing countries.⁴⁴ Progress has continued to be made in most but not all of these disease categories.

However, average health levels can mask great inequality. For example, in some countries, minorities and indigenous populations can have life expectancies that are a decade or more shorter than the dominant groups, and their infant mortality rates can be more than triple the national average.⁴⁵ Thus, as is the case with income and education, the distribution of health among the population, not just averages, is what matters. As one might expect, the poor are significantly less healthy than the more affluent. Figure 8.8 shows that the children of the poor are much more likely to die than those of the rich. Figure 8.9 points to an important culprit. The proportion of children under age 5 who are underweight is far higher for poorer quintiles than for richer quintiles, particularly in South Asia and sub-Saharan Africa. Health inequality is a consistent pattern, whatever the measure of health outcomes used.

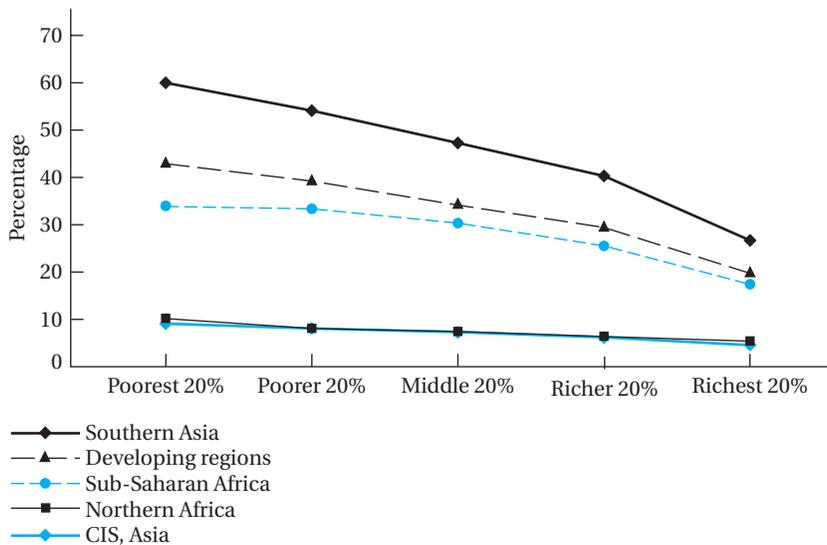
Health inputs are also very unequal, even when they are provided by public authorities rather than procured privately. Higher-quality medical facilities are concentrated in urban and richer areas, where the more affluent have the political clout to secure them. Even when public clinics are available in poor rural areas, they are typically underequipped and understaffed. Just as teacher truancy is a problem in schools, absenteeism of medical personnel can be pervasive. A World Bank study found that absentee rates among health care workers in primary health facilities on which the poorer population depends was 43% in India in 14 states studied, 42% in Indonesia, 35% in Bangladesh, 35% in Uganda, 26% in Peru, and 19% in Papua New Guinea.⁴⁶

Developing countries face a much more crippling disease burden than developed countries, especially regarding infectious diseases. AIDS, malaria,

FIGURE 8.8 Children's Likelihood to Die in Selected Countries



Source: *Human Development Report, 2005*, fig. 2.4. Reprinted with permission from the United Nations Development Programme.

FIGURE 8.9 Proportion of Children under 5 Who Are Underweight, by Household Wealth, around 2008

Source: From *Millennium Development Goals Report, 2010*, p. 14. Reprinted with permission from the United Nations.

and parasites are three major problems that we consider in this section. These and other health challenges faced by developing countries are surveyed in Box 8.7.

In 2012, nearly 7 million children under the age of 5 died in developing countries. This means that under-5 child deaths accounted for about 12% of all deaths worldwide. Because most of these children died of causes that could be prevented at very low cost per child, it has been rightly claimed that their real underlying disease is poverty.

Health problems are particularly severe in sub-Saharan Africa. Water is often contaminated and scarce,⁴⁷ and under-5 mortality in 2011 was 109 deaths per 1,000 live births in these countries, though this represented a dramatic improvement from 1990, when the comparable number was 178 per 1,000. In at least a dozen sub-Saharan African countries, a child is more likely to die before the age of 5 than to attend secondary school. Life expectancy at birth in the region is only 55 years, kept down in part because of the impact of the AIDS epidemic, though this represents an increase from 50 years in 1990. Over 21% of children under 5 in sub-Saharan Africa are undernourished. In this case, the problem is actually less severe than that in South Asia, where child hunger among children under 5 has remained at extremely elevated levels—over 33%—despite better economic growth performance.

Some diseases are especially deadly when combined with other diseases. Malnutrition is a form of disease, and its presence is a major factor among children in both contracting disease and dying of it. While the death certificate may cite dehydration from diarrhea or a specific infectious disease, in many cases death would not have occurred without the contributing factor of malnutrition.



BOX 8.7 Health Challenges Faced by Developing Countries

- *Absolute poverty.* Poverty plays such a central role in most health problems faced by developing countries that it has its own designation in the International Classification of Diseases: code Z59.5—extreme poverty.
- *Malnutrition.* Many deaths attributed to a proximate cause of disease—particularly among children—have as their root cause malnutrition, which can weaken the immune system. About 800 million people suffer undernourishment, and up to 2 billion suffer one or more micronutrient deficiencies.
- *AIDS.* Now the leading cause of death of working-age adults in the developing world, if unchecked it may condemn many countries in sub-Saharan Africa, the hardest-hit region, to continued grinding poverty.
- *Malaria.* Once in retreat, its most deadly strain is now making a big comeback, particularly in Africa; it still kills well over 1 million people each year, 70% of them children under age 5.
- *Tuberculosis.* TB currently claims about 2 million lives each year. One-third of the world's population is infected with the TB bacillus, and each year, about 8 million new cases result from this “reservoir of infection.” New multi-drug-resistant strains of TB, difficult and expensive to treat, are spreading in “TB hot zones” in the developing world.
- *Acute lower respiratory infections.* Lung infections, primarily pneumonia—generally preventable and curable—cause about 20% of all deaths in children under age 5.
- *Hepatitis B.* Hepatitis B may now kill as many as 1 million people each year.
- *Ascariasis.* *Ascaris* roundworm parasites affect some 10% of the population of the developing world, possibly as many as 1.2 billion people. The parasites most commonly infect children ages 3 to 8 years when they put their hands to their mouths after playing in contaminated soil or eat uncooked food grown in contaminated soil or irrigated with unsanitary water. The worst infections cause about 60,000 deaths per year, the overwhelming majority of whom are children.
- *Cholera.* Once largely in retreat, cholera has been on the upsurge in recent years in many countries in Africa, Asia, and Latin America. Untreated, dehydration from severe diarrhea causes death.
- *Dengue.* Dengue and dengue hemorrhagic fever are spreading rapidly, with millions of cases reported each year and thousands of deaths; about a half million cases require hospital treatment.
- *Leprosy (Hansen disease).* There are still about 400,000 new cases of leprosy each year. About 2 million people are disabled by leprosy, including those who have been cured but crippled prior to treatment, in India and many other developing countries.
- *Dracunculiasis (guinea worm disease).* This debilitating nematode infestation afflicts the poorest of the poor, who lack access to even minimally safe water.
- *Chagas disease.* This parasitic infection attacks an estimated 17 million people in Latin America, causing about 45,000 deaths annually.
- *Leishmaniasis.* This group of parasitic diseases infect about 12 million people. Visceral leishmaniasis, also known as *kala-azar*, is the most severe form. Fatal in 90% of untreated cases, it causes tens of thousands of deaths each year.
- *Lymphatic filariasis (elephantiasis).* This disfiguring parasitic disease still affects around 100 million people in the developing world, leaving 40 million of them seriously incapacitated and disfigured.

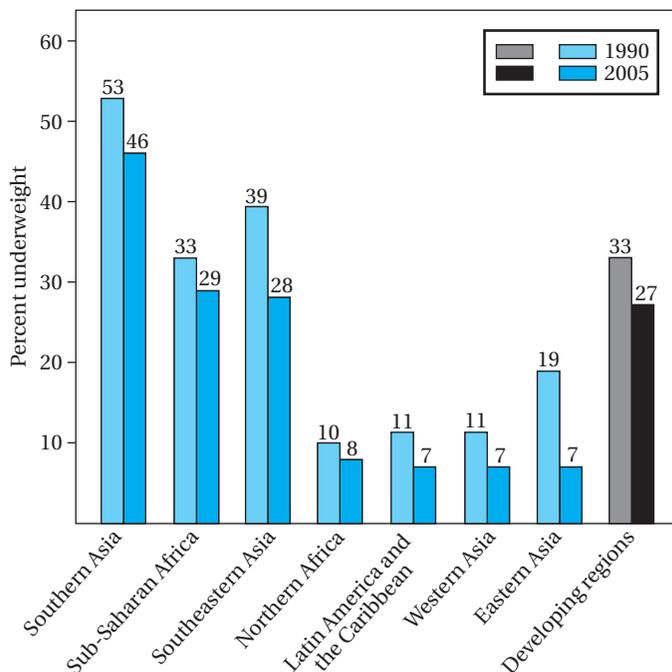
- *Other parasites.* Many other parasites are active, including *Trichuris* and hookworm, each of which affects about 600 million people.
- *Other diarrheal diseases.* Whether caused by infectious agents listed in this box or other bacterial, viral, or parasitic organisms, diarrhea

is often spread by contaminated water; untreated, it can lead to extreme dehydration, the proximate cause of death of close to 2 million people each year.

Source: World Health Organization.

Malnutrition among children is particularly consequential. Although child hunger has been declining in all developing regions, the rate of improvement is too slow to achieve even the fundamental Millennium Development Goal target of halving hunger between 1990 and 2015 (see Figure 8.10). And an increase in hunger caused by the global food price spike in 2007–2008 and the global crisis that followed highlighted continued vulnerability, as seen also in the upward push of food prices in 2010. The International Food Policy Research Institute has introduced an annual global hunger index to track progress and setbacks; the 2013 report found that 870 million people are still suffering from hunger.⁴⁸

FIGURE 8.10 Proportion of Children under 5 Who Are Underweight, 1990 and 2005



Source: Adapted from United Nations, *Millennium Development Goals Report, 2007* (New York: United Nations, 2007), p. 6.

The interaction between malaria and acute respiratory infections or anemia is also deadly. Another important lethal interaction is between AIDS and tuberculosis. Failure to control either of the diseases makes each more likely to be fatal. Moreover, the spread of HIV has been demonstrated to be significantly promoted by the presence of other sexually transmitted diseases, whose sores facilitate viral invasion.

To address problems of acute respiratory infections, diarrhea, measles, malaria, and malnutrition, the WHO, in cooperation with other major international agencies and national health authorities, has been implementing its Integrated Management of Childhood Illness (IMCI) program, aimed at improving the training and performance of national health organizations and personnel in disease prevention and the treatment of sick children. The program emphasizes education on practices such as breast-feeding and use of oral rehydration therapy.

We turn now to consider three major scourges of the developing world—AIDS, malaria, and parasitic worms.

HIV/AIDS

The AIDS epidemic has been threatening to halt or even reverse years of hard-won human and economic development progress in numerous countries. The WHO reported in 2013 that since the AIDS epidemic began, close to 70 million people have been infected with the HIV virus; and about half of them—about 35 million people—have already died of AIDS. Sub-Saharan Africa remains most severely affected, with nearly 1 in every 20 adults (4.9%) living with HIV and accounting for 69% of the people living with HIV worldwide.

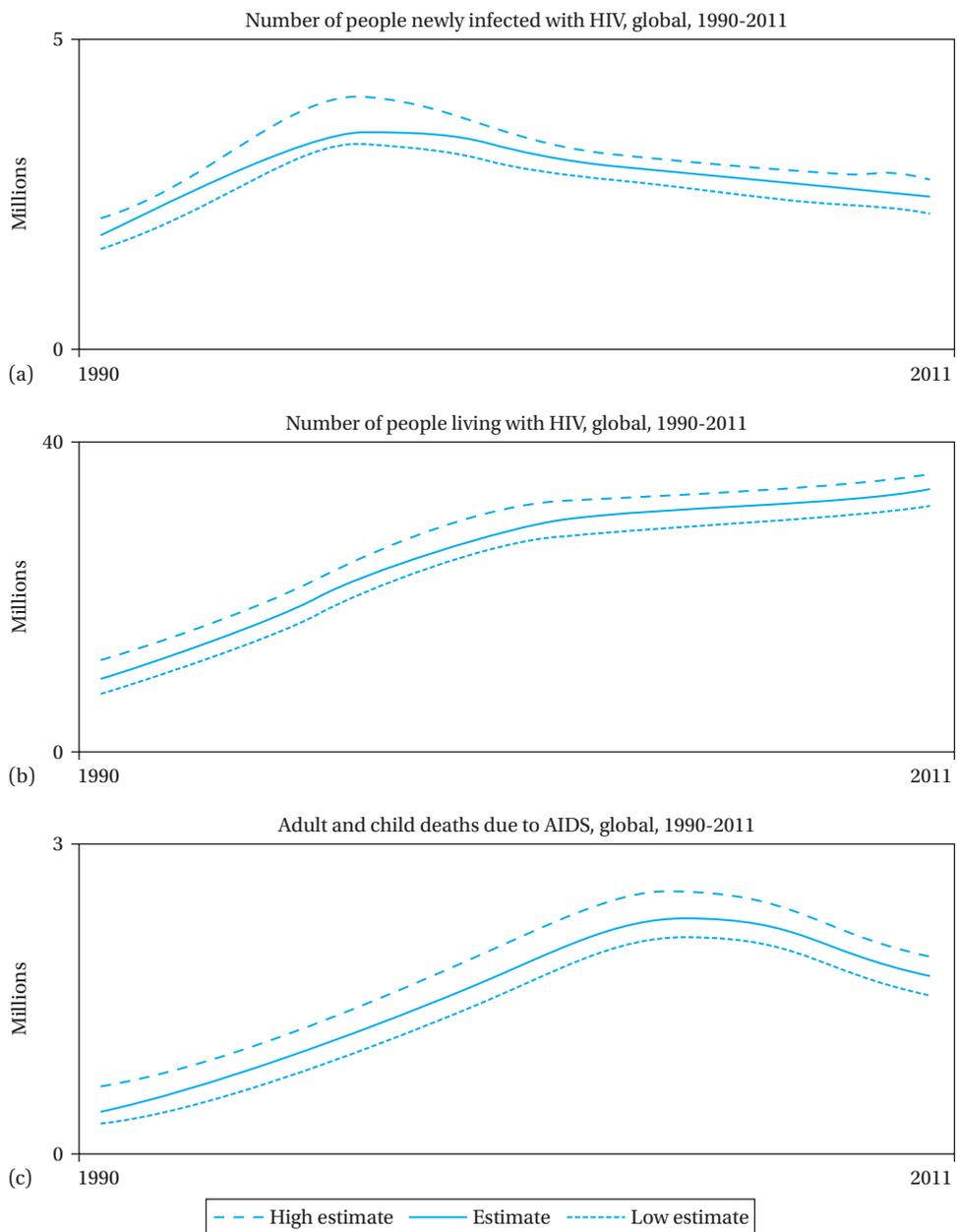
But in recent years, slow but steady progress has been made in “bending the curve” of the epidemic. The data show that the annual number of new infections has decreased steadily in the new century.⁴⁹ According to the 2012 Joint United Nations Programme on HIV/AIDS report, new HIV infections in children dropped by 43% from 2003 to 2011, with more than half of that drop just from 2009 to 2011. The disease continues to be concentrated in sub-Saharan Africa, where 90% of the newly infected children live.

But new infections in newborn children had the most dramatic drop among any group, including adults and children—a result of better medical care and practices for HIV-positive women. There has been a flurry of other good news on AIDS, especially by comparison with the worst fears of a decade or two ago, and progress may be accelerating. The impressive global progress in the fight against AIDS is seen in Figure 8.11.

In Figure 8.11a, we see that there has been a global fall in numbers of people newly infected with HIV, beginning around the late 1990s. In Figure 8.11b, we see that globally, the number of people living with HIV began leveling off around the turn of the century. In part, this corresponded to some infected people dying. Now in the last few years, globally the number of adult and child deaths due to AIDS has been actually falling, as seen in Figure 8.11c.

The Joint United Nations Programme on HIV/AIDS (UNAIDS) United Nations Programme on HIV/AIDS (UNAIDS) reported that between 2001 and 2011, the number of people becoming newly infected with HIV fell substantially, as seen in Table 8.2, from 3.2 million to 2.5 million. The overall number of deaths also fell, from 2.3 million to 1.7 million.

FIGURE 8.11 Global HIV Trends, 1990–2011



Source: 2012 UNAIDS Report on the Global AIDS Epidemic, Page 14; downloaded from <http://www.unaids.org/en/resources/publications/2012/name,76121,en.asp>.

TABLE 8.2 Regional HIV and AIDS Statistics, a Decade of Bending the Curve, 2011 versus 2001

Region	Adults and Children Living with HIV, 2011	People Living with HIV, 2001	People Newly Infected with HIV, 2011	People Newly Infected with HIV, 2001	Adult and Child Deaths Due to AIDS, 2011	Adult and Child Deaths Due to AIDS, 2005
Sub-Saharan Africa	23.5 million	20.9 million	1.8 million	2.4 million	1.2 million	1.8 million
MENA	300,000	210,000	37,000	27,000	23,000	20,000
South and South East Asia	4 million	3.7 million	280,000	370,000	250,000	290,000
East Asia	830,000	390,000	89,000	75,000	59,000	39,000
Oceania	59,000	38,000	2,900	3,700	1,300	2,300
Latin America	1.4 million	1.2 million	83,000	93,000	54,000	60,000
Caribbean	230,000	240,000	13,000	22,000	10,000	20,000
East Europe and Central Asia	1.4 million	970,000	140,000	130,000	92,000	76,000
West and Central Europe	900,000	640,000	30,000	29,000	7,000	7,800
North America	1.4 million	1.1 million	51,000	50,000	21,000	20,000
TOTAL	34.0 million	29.4 million	2.5 million	3.2 million	1.7 million	2.3 million

Source: Adapted from 2009 AIDS Epidemic Update, p. 11. © 2009 Joint United Nations Programme on HIV/AIDS (UNAIDS) and World Health Organization (WHO).

In sub-Saharan Africa, known as the epicenter of the disease with the highest overall HIV prevalence, the number of people becoming newly infected with HIV fell from 2.4 million to 1.8 million. Thus, the global drop in new infections was almost entirely accounted for by the strong improvement in Africa. New infections are rising, albeit slightly, in some of the other regions such as the Middle East.

For the country of South Africa, which has the largest number of people with HIV infections, new HIV infections have fallen by 41%. In Swaziland, which has the world's highest HIV infection rate, new infections fell by 37%. Other countries with big drops included Malawi (down 73%), Namibia (down 68%), and Zambia (down 58%). Botswana has also been making impressive progress against its extraordinary AIDS crisis in recent years (see the case study at the end of Chapter 14).

This is an impressive global health achievement, but enormous challenges remain. As UNAIDS recently put it, "gains are real but still fragile."⁵⁰ Though usually thought of as an issue of health care systems and delivery, AIDS is equally an issue of economic development. **Acquired immunodeficiency syndrome (AIDS)** is the final and fatal stage of infection with the **human immunodeficiency virus (HIV)**. In the developing countries as a whole, AIDS is transmitted primarily through heterosexual intercourse; contact with infected blood and drug needles, both by drug abusers and in hospitals; and perinatal transmission (from mother to fetus). In low-income countries, without proper treatment, average survival once AIDS symptoms appear has been under one year. There has been progress in making expensive antiretroviral medication available to low- and lower-middle-income countries at much reduced prices (or even free of charge); at the end of 2011, for the first time, a majority of HIV-positive people eligible for antiretroviral therapy treatment in low- and middle-income countries actually were receiving it—8 million people in all, up dramatically in recent years. Unfortunately, these lifesaving drugs are still

Acquired immunodeficiency syndrome (AIDS) Viral disease transmitted predominantly through sexual contact.

Human immunodeficiency virus (HIV) The virus that causes the acquired immunodeficiency syndrome (AIDS).

not available to millions infected in Africa and South Asia. Treatments have often otherwise been limited to aspirin, antibiotics for infections, and cortisone for skin rashes.

Initially, AIDS was widely perceived as a disease of developed countries, primarily affecting men who have sex with men. But in fact, more than 95% of all HIV cases and AIDS deaths occur in the developing world. Throughout the region of sub-Saharan Africa, AIDS is now the leading cause of death of adults in the economically active years. Although infectious childhood diseases still kill far more people in developing countries, AIDS strikes those who have successfully run this gauntlet of child killers. Their societies depend on the energies and skills of precisely the part of the population most afflicted.

Emily Oster presents evidence that the high incidence of HIV in Africa may result from higher rates of HIV viral transmission, which is facilitated by higher rates of other untreated sexually transmitted diseases. This provides another example of potential synergies among health problems to be taken into account in the design of successful programs.

According to the *UNAIDS Report on the Global AIDS Epidemic, 2010*, there were about 15 million AIDS orphans in sub-Saharan Africa as of 2009 (who had lost at least one parent to AIDS). Providing basic needs for these orphans, ensuring that they are not discriminated against because of irrational fears, and seeing that they are able to obtain the few years of schooling that will help rescue them from absolute poverty will be a major development challenge. It is not a challenge that Africa, with all its problems, is accustomed to. Extended family networks have provided privately for children who have lost their parents. In some parts of East Africa, this traditional family adaptation to death appears threatened due to the scope of the AIDS crisis. Political analysts claim that conditions are ripe not only for child abuse and exploitation but also for recruiting of children for guerrilla armies led by unscrupulous aspiring dictators or mercenary groups. The resulting destabilization and diversion of resources can have a devastating impact on social and economic development. An excellent strategy developed by church groups in Zimbabwe is to have volunteers visit and provide basic care for these orphans in the homes where they live, which can be homes of child-headed households, foster parents, grandparents, or other relatives. These visits provide a much needed combination of emotional and material support for these orphans.

The case of the AIDS crisis in Uganda and the response of government and civil society is presented in Box 8.8.

Malaria

Malaria directly causes over 1 million deaths each year, most of them among impoverished African children. Pregnant women are also at high risk. Severe cases of malaria leave about 15% of the children who survive the disease with substantial neurological problems and learning disabilities. A child dies from malaria every 30 seconds. Over 500 million people become severely ill with malaria each year. There is evidence that Malaria can lower productivity and possibly even reduce growth rates.⁵¹

The WHO's Roll Back Malaria Partnership seeks to eradicate this disease at its source. Eradication has been most successful where campaigns have combined

**BOX 8.8 AIDS: Crisis and Response in Uganda**

The AIDS pandemic in Uganda was the first to reach a large scale and then the first to register a significant decline in prevalence; as a result, the Ugandan experience has been widely studied. Although the picture is not completely clear, some important lessons have emerged. HIV was probably spreading in the late 1970s, and the first AIDS cases were diagnosed in the early 1980s. It was several years before a national response emerged, criticized as slow at the time but rapid in comparison with many other countries. A 1988 national survey of the epidemic found an HIV prevalence of 9%, unprecedented at that time. UNAIDS estimated that national prevalence peaked at 15% in 1991. But the national and international response also accelerated.

The Ugandan government introduced one of the most active and comprehensive AIDS prevention programs in Africa. Programs were coordinated by the Ugandan AIDS Commission Secretariat. Funding was provided by UNICEF, the WHO, USAID, the World Bank, and the UNDP. Donor countries, including the United States, were probably more active on AIDS in Uganda than other countries as a result of the extensive attention to the early epidemic there. The AIDS Support Organization (TASO), a Ugandan NGO, has played a crucial role in innovation and scaled-up service delivery in treatment, family assistance, and counseling, as well as education and awareness, since its founding in 1987. Civil society, including churches, played a major role in mobilizing a community response.

Mass media were employed in Uganda's HIV awareness efforts. The main slogan, "Zero Grazing," was a locally sophisticated way of saying "stay with one partner." At first, many people did not understand it, but once they did, its simple message—at a time when many knew infected Ugandans—was thought to have had some impact. The AIDS film, *It's Not Easy*, was viewed by some 90% of Uganda's formal-sector workforce. T-shirts with mottos like "Love Carefully" became popular. Abstinence was promoted but is estimated to have had a more limited effect. After

overcoming religious opposition, condom use was heavily promoted, a major factor in reduced transmission of HIV in Uganda. The spread of HIV has also been demonstrated to be significantly promoted by the presence of other sexually transmitted diseases which could also be reduced by condom use. In Uganda, the commercial sex industry in towns known to be highly infected dropped dramatically. Several studies showed that the rate of AIDS infection among teenagers in Uganda dropped steeply from 1990 to 1995, most likely due in part to the adoption of at least comparatively safer sex practices. However, some of this decrease might have been due to a decline in trade in this period. And the rate fell further when many of those previously infected began to die in larger numbers.

During the early spread of HIV, commercial controls were a factor leading to an active smuggling industry. Some highly paid truck smugglers, often stranded for days in towns along smuggling routes, made frequent visits to sex workers, encouraging the rapid spread of the disease. The decrease in economic activity in the 1990s may be a complementary explanation for the reduced HIV infection rates, along with behavior change.

The HIV prevalence rate appears to have risen somewhat since 2000. UNAIDS has estimated that 6.9% to 7.7% of Ugandan adults were infected in 2011. About 1.4 million people are HIV-positive in the country, with 62,000 deaths in 2011 alone. There are over 1 million AIDS orphans in the country. This has generated great concern. The apparent uptick may be partly due to complacency in sexual behavior after rates fell and antiretrovirals became more available. It may also not be a coincidence that economic activity has also picked up in Uganda in recent years. There is concern that previous estimates may have been somewhat low. Many Ugandans and aid officials are worried about the trend and are working to reverse it with renewed emphasis on the media and community mobilization strategies that are widely understood to have helped in the past.

Sources: Martha Ainsworth and Mead Over, "AIDS and African development," *World Bank Research Observer* 9 (1994): 203–240; Jill Armstrong, "Socioeconomic implications of AIDS in developing countries," *Finance and Development*, 28, No. 4 (1991): 14–17; Tony Barnett and Piers Blaikie, *AIDS in Africa: Its Present and Future Impact*. New York: Guilford Press, 1992; Gerard Kambou, Shanta Devarajan, and Mead Over, "The economic impact of AIDS in an African country: Simulations with a CGE model of Cameroon," *Journal of African Economies* 1 (1993): 109–130; Jean-Louis Lamboray and A. Edward Elmendorf, "Combating AIDS and other sexually transmitted diseases in Africa." World Bank Africa Technical Division Paper No. 181. Washington, D.C.: World Bank, 1994; Maureen A. Lewis et al., *AIDS in Developing Countries: Cost Issues and Policy Tradeoffs*. Washington, D.C.: Urban Institute, 1989; Mead Over, *The Macroeconomic Impact of AIDS in Sub-Saharan Africa*. Washington, D.C.:

World Bank Africa Technical Division, 1993; *Population and Development*, special issue, "A Cultural Perspective on HIV Transmission," January 1993; Uganda AIDS Commission, <http://www.aidsuganda.org>; UNAIDS; http://www.unaids.org/en/HIV_data/epi2006/default.asp; United Nations Development Programme, *Human Development Report, 2001*. New York: Oxford University Press, 2001; World Bank, *Report on a Workshop on the Economic Impact of Fatal Adult Illness in Sub-Saharan Africa*. Washington, D.C.: World Bank, July 1993; Emily Oster, "Routes of infection: Exports and HIV incidence in sub-Saharan Africa." NBER Working Paper No. 13610, January 16, 2009, forthcoming in the *Journal of the European Economic Association*; Emily Oster, "Sexually transmitted infections, sexual behavior, and the HIV/AIDS epidemic," *Quarterly Journal of Economics* 120 (2005): 467–515; Note that an AIDS orphan is defined by UNAIDS as a child who has lost at least one parent to AIDS.

better targeted DDT spraying and draining swamps where malarial mosquitoes are breeding with using mosquito bed nets, improving nutrition to build resistance, and sealing houses against mosquito entry.⁵²

In addition, major efforts are under way to increase international funding for a war on malaria, emphasizing the development of a malaria vaccine. With proper funding, specialists believe that an effective vaccine might be just a few years away, but because victims of malaria tend to come from low-income countries and cannot afford expensive drugs, there has been little incentive for pharmaceutical companies to emphasize research in this field. However, citizen and government pressure in developed countries and a desire to score public relations points, among other factors, have increasingly led drug companies to begin to offer drugs at lower costs in low-income countries, and this may expand to a more balanced portfolio of research.

Vaccines for other diseases have saved many children's lives in developing countries. For example, the WHO and UNICEF, in their 2005 report, *Global Immunization Vision and Strategy*, estimated that immunization of children carried out in 2003 alone saved 2 million lives (plus hundreds of thousands of additional lives saved in adulthood from complications of hepatitis B). Most vaccines (against diphtheria, tetanus, pertussis/whooping cough, polio, hepatitis B, and measles, for example) were first developed for use in high-income countries. There are other diseases—concentrated in the developing world rather than in both developing and developed countries—that could be controlled with vaccines that pose technical problems no more difficult than vaccines for other diseases previously developed. So why aren't there more vaccines for diseases of the developing world?

If the science is not necessarily the constraint, one reason is that the people who would most benefit are poor and therefore less able to pay. Governments and international assistance could help with subsidies. But as pointed out by Michael Kremer, two market failures are also at work. First, there is an incentive for governments to wait for other countries to spend the resources

on vaccine R&D, after which the benefits will largely spill over as an externality to citizens in one's own country. Even if cooperation could be agreed to, there still would be an incentive for participating governments to "defect" and not pay their share. And second, whatever is claimed by aid agencies and governments in advance, companies developing vaccines fear that once they have succeeded, they will be pushed to lower their prices close to production costs, thereby making recouping their original R&D costs unlikely. This is a "time inconsistency problem."⁵³

If such problems could be overcome, a potential vaccine would be one of the best solutions for malaria and many other tropical diseases. An idea that has received much attention to address market failure problems are guaranteed vaccine purchases, studied by the Advance Market Commitment Working Group led by Ruth Levine, Michael Kremer, and Alice Albright. In their report, *Making Markets for Vaccines: Ideas to Action*, the group proposed that international sponsors make a legally binding commitment to pay for 200 million malaria vaccine treatments at a guaranteed real price of \$15 each, of which \$14 would be paid by the sponsors and \$1 by the recipient countries. The agreement would set up an independent adjudication committee (IAC) to determine that the required technical specifications for the vaccine had been met. If the IAC found that a later-developed product was superior, it too would be eligible for the price guarantee within the 200 million doses, according to the underlying demand. Firms would have to agree to offer further treatments after the 200 million had been subsidized at a price reflecting production costs, estimated at about \$1 per treatment. The group estimated the market under these parameters at about \$3 billion, which it found were approximately average revenues for new drugs developed for rich countries. This project has since been introduced. Funding for malaria vaccines is now substantially improving. A similar structure should work for vaccines for other diseases.⁵⁴

Parasitic Worms and Other "Neglected Tropical Diseases"

Many health challenges of developing countries have received high-profile attention in recent years, epitomized by the relatively well-funded and central role of the Global Fund to Fight AIDS, Tuberculosis, and Malaria.⁵⁵ Recall from Chapter 1 that the sixth Millennium Development Goal is to combat "HIV-AIDS, malaria, and other diseases." Indeed, these "other" developing-country health problems, including several types of parasitic worms, have also had devastating impacts on the developing world but have long been comparatively neglected.

The incidence of debilitating parasitic worms has been vast with some 2 billion people affected—300 million severely. Among the many parasitic diseases plaguing people in the developing world, schistosomiasis (also called *bilharziasis*, or *snail fever*) is one of the worst in terms of its human and development impact (following malaria, which is also classified as a parasitic disease). Schistosomiasis in humans is caused by waterborne flatworms (also known as blood flukes) called *schistosomes*. According to WHO estimates, the disease infects about 200 million people in 74 developing countries,

of whom about 120 million are symptomatic and some 20 million suffer severe consequences, including about 200,000 deaths each year. Half of those severely affected are school-age children. The disease retards their growth and harms their school performance if they are in school. The WHO reports that the stunting effects of schistosomiasis are 90% reversible with effective treatment, which is still all too often entirely lacking. Effects on adults can also be serious. According to the WHO, the work capacity of rural laborers in Egypt, Sudan, and northeastern Brazil, for example, is severely reduced due to weakness and lethargy caused by the disease. Liver and kidney damage can result. If this were not enough, the WHO's International Agency for Research on Cancer has determined that urinary schistosomiasis causes bladder cancer: In some areas of sub-Saharan Africa, the incidence of schistosomiasis-linked bladder cancer is about 32 times higher than the incidence of bladder cancer in the United States.

Another long-standing scourge, African trypanosomiasis, or sleeping sickness, still affects several hundred thousand people in sub-Saharan Africa, mostly in remote areas. Tragically, because the disease is endemic where health systems are weakest, most people who contract sleeping sickness die before they are even diagnosed. The WHO estimated that sleeping sickness kills some 55,000 people a year. The impact of trypanosomiasis on economic development can be severe; in addition to the loss of human life and vitality, the disease kills cattle and leads to the abandonment of fertile but infected land. In this case, the parasites (*Trypanosoma*) are protozoa transmitted to humans by tsetse flies. The disease is being attacked with drugs donated to international organizations from a pharmaceutical company. In recent years, public pressure and attention have played an important role in getting drug companies to be more active and constructive in developing countries and in making donations to key agencies such as the WHO. The sleeping sickness initiative is a good example, with Aventis Pharma providing three key drugs—pentamidine, melarsoprol, and eflornithine—that are each essential for treating sleeping sickness.

Table 8.3 shows the 13 major **neglected tropical diseases**, ranked by their global prevalence (number infected). Taken together, these diseases cause an estimated 534,000 deaths each year. But most of these diseases are curable, can be prevented with environmental improvements at their source, and can ultimately be inoculated against with vaccines. The cost of combating these diseases is relatively low in most cases, and the tragedy is that despite this, they have received relatively little attention. Yet research demonstrates that deworming of children can improve both their health and their school attendance—at very low cost (again, see the findings in Box 8.4 on page 387).

But these “neglected” tropical diseases are finally starting to get the focus they deserve. The Global Network for Neglected Tropical Diseases is coordinating a campaign to fight these scourges.

The net benefits of expanded support for other health programs in addition to HIV/AIDS, including child nutrition and the neglected tropical diseases, are very high and often show strong synergies. The moral and economic case for a much enhanced international response is clear.

Neglected tropical diseases

Thirteen treatable diseases, most of them parasitic, that are prevalent in developing countries but receive much less attention than tuberculosis, malaria, and AIDS.

TABLE 8.3 Some Major Neglected Tropical Diseases

Neglected Disease	Symptoms and Effects	Global prevalence (millions)*	Regions with highest Prevalance/Risk
Roundworm (Ascariasis)	Malnutrition and intestinal obstruction in young children; Child stunting; Impaired cognition	820	East Asia and Pacific Islands, sub-Saharan Africa; India, South Asia, China, Latin America and Caribbean
Whipworm (Trichuriasis)	Colitis and inflammatory bowel disease; Child stunting and impaired cognition	465	Sub-Saharan Africa, East Asia and Pacific Islands, Latin America and Caribbean, India, South Asia
Hookworm infection	Severe iron deficiency anemia and protein malnutrition; anemia; Child stunting and impaired intellectual and cognitive development; Maternal morbidity and mortality in pregnancy	439	Sub-Saharan Africa, East Asia and Pacific Islands, India, South Asia, Latin America and Caribbean
Schistosomiasis	Bladder damage, intestine or liver inflammation; Chronic pain, anemia, malnutrition and stunting; Liver and intestinal fibrosis, kidney disease, female genital schistosomiasis	200+	Sub-Saharan Africa, Latin America and Caribbean
Lymphatic filariasis (elephantiasis)	Leg swelling, disfigurement, extreme pain	120	India, South Asia, East Asia and Pacific Islands, sub-Saharan Africa
Trachoma	Blindness	60 - 80	Sub-Saharan Africa, Middle East and North Africa
Onchocerciasis	Larvae in skin and eyes; Onchocerca skin disease; Blindness	30–40	Sub-Saharan Africa, Latin America and Caribbean
Leishmaniasis	Fever, weight loss, enlargement of the spleen and liver, and anaemia	12	India, South Asia, sub-Saharan Africa, Latin America and Caribbean
Chagas' disease	Heart and digestive problems	8+	Latin America and Caribbean
Trypanosomiasis (Human African)	Sleepiness, swollen lymph nodes, weakness, psychiatric disorders, seizures	0.3	Sub-Saharan Africa

*Note: Population considered at risk generally much higher than current prevalence; Estimated DALYs are far higher than death rates

Sources: World Health Organization Website, Neglected Tropical Diseases website accessed Feb. 15, 2014: http://www.who.int/neglected_diseases/en/; infections in 2010 Rachel L Pullan, Jennifer L Smith, Rashmi Jasrasaria, and Simon J Brooke, "Global numbers of infection and disease burden of soil transmitted helminth infections in 2010", *Parasites and Vectors*, 2014; Peter Hotez, "A Plan to Defeat Neglected Tropical Diseases," *Scientific American*, Jan. 10, 2010, p90-96; Peter J Hotez, Alan Fenwick, Lorenzo Savioli, and David H Molyneux, "Rescuing the bottom billion through control of neglected tropical diseases," *May 2, 2009 Lancet* #379, p1570-75 ; Peter Hotez, "NTDs V.2.0: "Blue Marble Health"—Neglected Tropical Disease Control and Elimination in a Shifting Health Policy Landscape *Blue Marble Health 2013 PLOS Neglected Tropical Diseases*, www.plosntds.org, 1 November 2013, Vol. 7, No. 11, e2570; Peter Hotez et al., "Control of neglected tropical diseases," *New England Journal of Medicine*, 357: 1018-1027 (2007)

8.7 Health, Productivity, and Policy

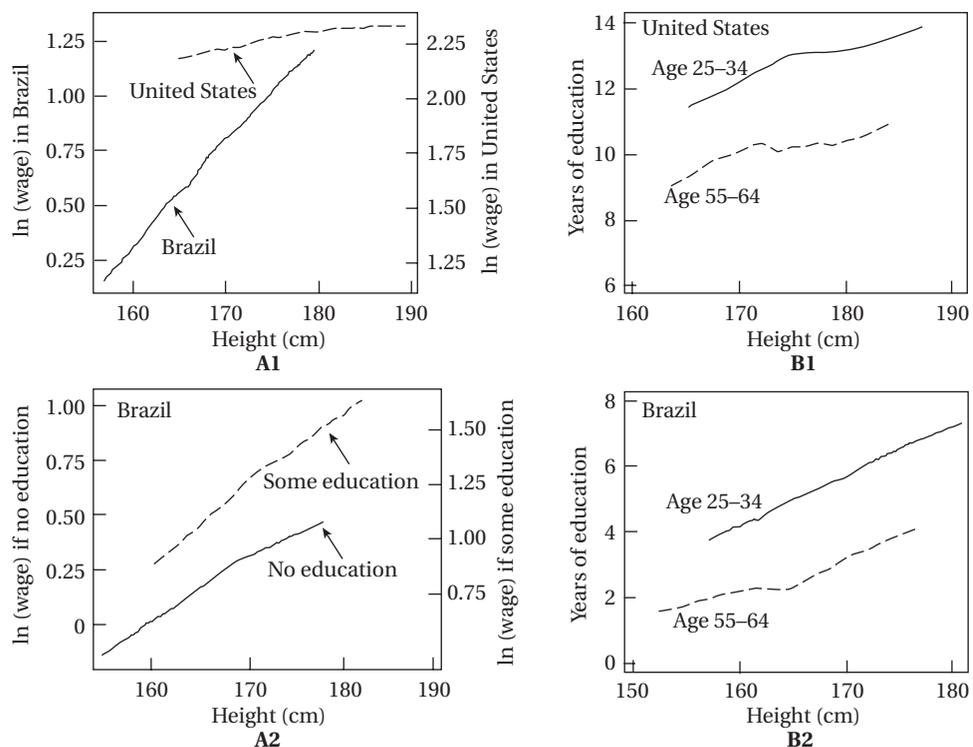
Productivity

The devastating effects of poor health on child mortality are clear enough. But do poor health conditions in developing countries also harm the productivity of adults? The answer appears to be yes. Studies show that healthier people earn higher wages. For example, daily wage rates in Côte d'Ivoire have been estimated to be about 19% lower among men whose health status makes them likely to lose a day of work per month because of illness than daily wage rates of healthier men. Careful statistical methods have shown that a large part of the effect of health on raising earnings is due to productivity differences: It is not just the reverse causality that higher wages are used in part to purchase better health. A study in Bangladesh found that the higher productivity of healthier workers allows them to get better-paying jobs. In another study, the elimination of deformity from leprosy was estimated to more than triple earnings of workers in India.⁵⁶

The Nobel laureate Robert Fogel has found that citizens of developed countries are substantially taller today than they were two centuries ago and has argued that stature is a useful index of the health and general well-being of a population. Increases in height have also been found in developing countries in recent decades as health conditions have improved. In most cases, rapid increases in average height earlier in the twentieth century gave way to smaller increases by midcentury.

If height is an indicator of general health status, to the extent that increases in health lead to higher productivity, taller people should earn more (unless height also proxies other productivity characteristics). John Strauss and Duncan Thomas found that taller men earn more money in Brazil, even after controlling for other important determinants of income such as education and experience (Figure 8.12, panels A1 and A2). A 1% increase in height is associated with a 7% increase in wages in that middle-income country. In the United States, there is also an association, but a much smaller one, with a 1% increase in height associated with a 1% increase in wages. Moreover, shorter individuals are more likely to be unemployed altogether. Height reflects various

FIGURE 8.12 Wages, Education, and Height of Males in Brazil and the United States



Source: "Health, nutrition, and economic development," by John Strauss and Duncan Thomas, *Journal of Economic Literature* 36 (1998): 766–817. Reprinted with permission.

Note: $\ln(\text{wage})$ stands for natural log of wage.

benefits achieved early in life; thus one is not seeing just the impact of current income on current height. In particular, taller people receive significantly more education than shorter people (see Figure 8.12, panels B1 and B2). Note also that these relationships carry over to alternative health measures such as the body mass index, which reflects short-term as well as long-term health and nutrition. Strauss and Thomas draw on these results and a survey of the literature to conclude that health and nutrition do increase productivity, with the greatest improvements occurring for those who are initially least educated and poorest.⁵⁷

Thus, the preponderance of the evidence is that health and nutrition do affect employment, productivity, and wages, and very substantially so among the poorest of the poor. This finding magnifies the policy priority of health in development; not only is health a major goal in itself, but also it has a significant impact on income levels. After their exhaustive review of the literature and its complex statistical and data problems, Strauss and Thomas conclude that “the balance of evidence points to a positive effect of elevated nutrient intakes on wages, at least among those who are malnourished.”⁵⁸

A healthy population is a prerequisite for successful development.

Health Systems Policy

Health system All the activities whose primary purpose is to promote, restore, or maintain health.

In the WHO’s definition, a **health system** is “all the activities whose primary purpose is to promote, restore, or maintain health.” Health systems include the components of public health departments, hospitals and clinics, and offices of doctors and paramedics. Outside this formal system is an informal network used by many poorer citizens, which includes traditional healers, who may use somewhat effective herbal remedies, or other methods that provide some medical benefits, such as acupuncture, but who also may employ techniques for which there is no evidence of effectiveness beyond the placebo effect (and in some cases could cause harm).

It has long been understood that some developing countries’ health systems are far more effective than others in achieving health goals. Some countries, such as China and Sri Lanka, and some regions, such as Kerala in India, have achieved life expectancies of more than 70 years despite their low-income status. At the same time, some middle-income countries, such as South Africa and Gabon, have only been able to achieve significantly lower life expectancies despite their much greater resources. The latter countries all have far more inequitable access to health care than China, Sri Lanka, and Kerala.

The WHO compared health systems around the world, revealing great variability in the performance of health systems at each income level. For example, Singapore was ranked 6th, Morocco 29th, Colombia 22nd, Chile 33rd, and Costa Rica 36th—all of these developing countries ranked higher than the United States. Clearly, much can be done with relatively modest incomes.⁵⁹

The study used five performance indicators to measure health systems in the 191 WHO member states: (1) the overall level of health of the population, (2) health inequalities within the population, (3) health system responsiveness (a combination of patient satisfaction and system performance), (4)

the distribution of responsiveness within the population (how well people of varying economic status find that they are served by the health system), and (5) the distribution, or fairness, of the health system's financial burden within the population.

The WHO concluded that "dollar for dollar spent on health, many countries are falling short of their performance potential. The result is a large number of preventable deaths and lives stunted by disability. The impact of this failure is born disproportionately by the poor." At any given income level, there was wide variation in country performance, showing that a low-income country can achieve fairness in allocating the resources that it has. In fact, in equity of financial contribution, Colombia was the top-rated country overall. But several developing countries were judged to have the least fair financing of health systems, including Sierra Leone, Myanmar, Brazil, China, Vietnam, Nepal, the Russian Federation, Peru, and Cambodia. In Brazil and Peru, people make high out-of-pocket payments for health care, so poor households spend a large fraction of their income on health.

Formal public health measures have played a very important role in developing countries. Ministries of health, sometimes complemented by the services of nongovernmental organizations, have played vital roles in extending vaccines to remote rural areas, greatly reducing once-lethal diseases such as smallpox. But like educational systems, public health operations have often favored the wealthy and well connected. Partly as a result, health systems often use public funds inefficiently. In effect, subsidies turn out to be focused on expensive curative measures for older (and generally richer) patients, such as those with heart disease or cancer, who are influential enough to get into the right hospitals. Too often ignored or at best underfunded are cost-effective preventive health campaigns and basic medical care for those not currently attended to by any health professionals. Doctors trained with public subsidies often choose to practice a specialty in affluent areas of the cities or emigrate to developed countries. And as the World Bank concluded, "In some countries a single teaching hospital can absorb 20% or more of the budget of the ministry of health, even though almost all cost-effective interventions are best delivered at lower-level facilities."⁶⁰

In addition to its direct positive effect on national health standards, basic health is also an effective means to achieve goals of poverty reduction. Although both parents may be employed or self-employed long hours, if parents are too weak, unhealthy, and unskilled to be productive enough to support their family, the children have to work. But if the children work, they cannot get the education they need, so when they grow up, they will have to send their own children to work. Thus, the bad equilibrium of child labor examined earlier in the chapter may extend across generations, as a family is effectively locked into a vicious circle of poverty. Calculations of benefits of health investments need to keep these long-term spillovers in mind.

An effective government role in health systems is crucial for at least four important reasons. First, health is central to poverty alleviation, because people are often uninformed about health, a situation compounded by poverty. Second, households spend too little on health because they may neglect externalities (such as, literally, contagion problems). Third, the market would invest too little in health infrastructure and research and development and

technology transfer to developing countries due to market failures. Fourth, public health programs in developing countries have many proven successes. Government has different roles in different countries, but as the WHO concluded, “The careful and responsible management of the well-being of the population—stewardship—is the very essence of good government.... The health of people is always a national priority: Government responsibility for it is continuous and permanent.”⁶¹

Broad Findings We conclude that health and education play pivotal roles in economic development, as both inputs into production enabling higher incomes and outputs directly affecting human well-being. Many health and education problems plague developing countries, ranging from child labor to heavy disease burdens. Education and health will not always automatically improve with higher incomes. And market failures mean that too few investments in education and health will be made from the social point of view. Moreover, the wrong kinds of government policies have sometimes led to distortions in the educational system that have reinforced inequality; and inequities in health systems are common. Thus, government plays an essential role in health and education, and in most developing countries, considerable improvements in policy are needed.